

Spalding's Athletic Library



G. SPALDING

Anticipating the present tendency of the American people toward a healthful method of living and enjoyment, Spalding's Athletic Library was established in 1892 for the purpose of encouraging athletics in every form, not only by publishing the official rules and records pertaining to the various pastimes, but also by instructing, until to-day Spalding's Athletic Library is unique in its own particular field and has been conceded the greatest educational series on athletic and physical training subjects that has ever been compiled.

The publication of a distinct series of books devoted to athletic sports and pastimes and designed to occupy the premier place in America in its class was an early idea of Mr. A. G. Spalding, who was one of the first in America to publish a handbook devoted to athletic sports, Spalding's Official Base Ball Guide being the initial

h was followed at intervals with other handbooks on the
in the '70s.

Spalding's Athletic Library has had the advice and counsel of Mr. A. G. Spalding in all of its undertakings, and particularly in all books devoted to the national game. This applies especially to Spalding's Official Base Ball Guide and Spalding's Official Base Ball Record, both of which receive the personal attention of Mr. A. G. Spalding, owing to his early connection with the game as the leading pitcher of the champion Boston and Chicago teams. His interest does not stop, however, with matters pertaining to base ball; there is not a sport that Mr. Spalding does not make it his business to become familiar with, and that the Library will always maintain its premier place, with Mr. Spalding's able counsel at hand, goes without saying.

The entire series since the issue of the first number has been under the direct personal supervision of Mr. James E. Sullivan, President of the American Sports Publishing Company, and the total series of consecutive numbers reach an aggregate of considerably over three hundred, included in which are many "annuals," that really constitute the history of their particular sport in America year by year, back copies of which are even now eagerly sought for, constituting as they do the really first authentic records of events and official rules that have ever been consecutively compiled.

When Spalding's Athletic Library was founded, seventeen years ago, track and field athletics were practically unknown outside the larger colleges and a few athletic clubs in the leading cities, which gave occasional meets, when an entry list of 250 competitors was a subject of comment; golf was known only by a comparatively few persons; lawn tennis had some vogue and base ball was practically the only established field

EDITORS OF SPALDING'S ATHLETIC LIBRARY



WALTER CAMP

For quarter of a century Mr. Walter Camp of Yale has occupied a leading position in college athletics. It is immaterial what organization is suggested for college athletics, or for the betterment of conditions, insofar as college athletics is concerned, Mr. Camp has always played an important part in its conferences, and the great interest in and high plane of college sport to-day, are undoubtedly due more to Mr. Camp than to any other individual. Mr. Camp has probably written more on college

athletics than any other writer and the leading papers and magazines of America are always anxious to secure his expert opinion on foot ball, track and field athletics, base ball and rowing. Mr. Camp has grown up with Yale athletics and is a part of Yale's remarkable athletic system. While he has been designated as the "Father of Foot Ball," it is a well known fact that during his college career Mr. Camp was regarded as one of the best players that ever represented Yale on the base ball field, so when we hear of Walter Camp as a foot ball expert we must also remember his remarkable knowledge of the game of base ball, of which he is a great admirer. Mr. Camp has edited Spalding's Official Foot Ball Guide since it was first published, and also the Spalding Athletic Library book on How to Play Foot Ball. There is certainly no man in American college life better qualified to write for Spalding's Athletic Library than Mr. Camp.



DR. LUTHER HALSEY GULICK

The leading exponent of physical training in America; one who has worked hard to impress the value of physical training in the schools; when physical training was combined with education at the St. Louis Exposition in 1904 Dr. Gulick played an important part in that congress; he received several awards for his good work and had many honors conferred upon him; he is the author of a great many books on the subject; it was Dr. Gulick, who, acting on the suggestion of James E. Sullivan,

organized the Public Schools Athletic League of Greater New York, and was its first Secretary; Dr. Gulick was also for several years Director of Physical Training in the public schools of Greater New York, resigning the position to assume the Presidency of the Playground Association of America. Dr. Gulick is an authority on all subjects pertaining to physical training and the study of the child.



JOHN B. FOSTER

Successor to the late Henry Chadwick ("Father of Base Ball") as editor of Spalding's Official Base Ball Guide; sporting editor of the New York Evening Telegram; has been in the newspaper business for many years and is recognized throughout America as a leading writer on the national game; a staunch supporter of organized base ball, his pen has always been used for the betterment of the game.

EDITORS OF SPALDING'S ATHLETIC LIBRARY

sport, and that in a professional way; basket ball had just been invented; athletics for the schoolboy—and schoolgirl—were almost unknown, and an advocate of class contests in athletics in the schools could not get a hearing. To-day we find the greatest body of athletes in the world is the Public Schools Athletic League of Greater New York, which has had an entry list at its annual games of over two thousand, and in whose "elementary series" in base ball last year 166 schools competed for the trophy emblematic of the championship.

While Spalding's Athletic Library cannot claim that the rapid growth of athletics in this country is due to it solely, the fact cannot be denied that the books have had a great deal to do with its encouragement, by printing the official rules and instructions for playing the various games at a nominal price, within the reach of everyone, with the sole object that its series might be complete and the one place where a person could look with absolute certainty for the particular book in which he might be interested.

In selecting the editors and writers for the various books, the leading authority in his particular line has been obtained, with the result that no collection of books on athletic subjects can compare with Spalding's Athletic Library for the prominence of the various authors and their ability to present their subjects in a thorough and practical manner.

A short sketch of a few of those who have edited some of the leading numbers of Spalding's Athletic Library is given herewith:



JAMES E. SULLIVAN

President American Sports Publishing Company; entered the publishing house of A. Leslie in 1878, and has been connected continuously with the publishing business since, and also as athletic editor of various New York papers; was a competing athlete; one of the organizers of the Amateur Athletic Union of the United States; has been actively on its board of governors since its organization until the present time, and President for two successive terms; has attended every championship meeting in America since 1878 and has officiated in some capacity in connection with American amateur championships track and field games for nearly twenty-five years; assistant American director Olympic Games, Paris, 1900; director Pan-American Exposition athletic department, 1901; chief department physical culture Louisiana Purchase Exposition, St. Louis, 1904; secretary American Committee Olympic Games, at Athens, 1906; honorary director of Athletics at Jamestown Exposition, 1907; secretary American Committee Olympic Games, at London, 1908; member of the Pastime A. C., New York; honorary member Missouri A. C., St. Louis; honorary member Olympic A. C., San Francisco; ex-president Pastime A. C., New Jersey A. C., Knickerbocker A. C.; president Metropolitan Association of the A. A. U. for fifteen years; president Outdoor Recreation League with Dr. Luther H. Gulick organized the Public Schools Athletic League of New York, and is now chairman of its games committee and member executive committee; was a pioneer in playground work and one of the organizers of the Outdoor Recreation League of New York; appointed by President Roosevelt as special commissioner to the Olympic Games at Athens, 1906, and decorated by King George I. of the Hellenes (Greece) for his services in connection with the Olympic Games; appointed special commissioner by President Roosevelt to the Olympic Games at London, 1908; appointed by Mayor McClellan, 1903, as member of the Board of Education of Greater New York.

EDITORS OF SPALDING'S ATHLETIC LIBRARY



TIM MURNANE

Base Ball editor of the Boston Globe and Base Ball Clubs; one of the best known base to coast; is a keen follower of the game and prominent in all its councils; nearly half a century ago was one of America's foremost writers from the point of view both of player and an official.



HARRY PHILIP BURCHELL

Sporting editor of the New York Times; graduate of the University of Pennsylvania; Annual; is an authority on the game; follows the movements of the players minutely and understands not only tennis but all other subjects that can be classed as athletics; no one is better qualified to edit this book than Mr. Burchell.



GEORGE T. HEPBRON

Former Young Men's Christian Association director; for many years an official of the Athletic League of Young Men's Christian Associations of North America; was connected with Dr. Luther H. Gulick in Young Men's Christian Association work for over twelve years; became identified with basket ball when it was in its infancy and has followed it since, being recognized as the leading exponent of the official rules; succeeded Dr. Gulick as editor of the Official Basket Ball

Guide and also editor of the Spalding Athletic Library book on How to Play Basket Ball.



JAMES S. MITCHEL

Former champion weight thrower; holder of numerous records, and is the winner of in the history of sport; Mr. Mitchel is a close upon any topic connected with athletic sport; has been for years on the staff of the New York Sun.

EDITORS OF SPALDING'S ATHLETIC LIBRARY



MICHAEL C. MURPHY

The world's most famous athletic trainer; the champion athletes that he has developed for track and field sports, foot ball and base ball fields, would run into thousands; he became famous when at Yale University and has been particularly successful in developing what might be termed championship teams; his rare good judgment has placed him in an enviable position in the athletic world; now with the University of Pennsylvania; during his career has trained only at two colleges and one athletic club, Yale and the University of Pennsylvania and Detroit Athletic Club; his most recent triumph was that of training the famous American team of athletes that swept the field at the Olympic Games of 1908 at London.



DR. C. WARD CRAMPTON

Succeeded Dr. Gulick as director of physical training in the schools of Greater New York; as secretary of the Public Schools Athletic League is at the head of the most remarkable organization of its kind in the world; is a practical athlete and gymnast himself, and has been for years connected with the physical training system in the schools of Greater New York, having had charge of the High School of Commerce.



DR. GEORGE J. FISHER

Has been connected with Y. M. C. A. work for many years as physical director at Cincinnati and Brooklyn, where he made such a high reputation as organizer that he was chosen to succeed Dr. Luther H. Gulick as Secretary of the Athletic League of Y. M. C. A.'s of North America, when the latter resigned in the charge of the physical training in the Public Schools of Greater New York.



DR. GEORGE ORTON

On athletics, college athletics, particularly track and field, foot ball, soccer foot ball, and training of the youth, it would be hard to find one better qualified than Dr. Orton; has had the necessary athletic experience and the ability to impart that experience intelligently to the youth of the land; for years was the American, British and Canadian champion runner.



FREDERICK R. TOOMBS

A well known authority on skating, rowing, boxing, racquets, and other athletic sports; was sporting editor of American Press Association, New York; dramatic editor; is a lawyer and has served several terms as a member of the Legislature of the State of New York; has written several novels and historical works.



R. L. WELCH

A resident of Chicago; the popularity of indoor base ball is chiefly due to his efforts; a player himself of no mean ability; a class organizer; he has followed the game of indoor base ball from its inception.



DR. HENRY S. ANDERSON

Has been connected with Yale University gymnastics; is a recognized authority on ing authorities in America on gymnastic subjects; is the author of many books on physical training.



CHARLES M. DANIELS

Just the man to write an authoritative book on swimming; the fastest swimmer the Athletic Club swimming team and an Olympic champion at Athens in 1906 and London, 1908. In his book on Swimming, Champion Daniels describes just the methods one must use to become an expert swimmer.



GUSTAVE BOJUS

Mr. Bojus is most thoroughly qualified to write intelligently on all subjects pertaining to gymnastics and athletics; in his day one has competed successfully in gymnastics and other sports for the New York Turn Verein; for twenty years he has been prominent in teaching gymnastics and athletics; was responsible for the famous gymnastic championship teams of Columbia University; now with the Jersey City high schools.



CHARLES JACOBUS

Admitted to be the "Father of Roque;" one of America's most expert players, winning the Olympic Championship at St. Louis in 1904; an ardent supporter of the game and follows it minutely, and much of the success of roque is due to his untiring efforts; certainly there is no one better qualified to write on this subject than Mr. Jacobus.



DR. E. B. WORMAN

Well known as a physical training expert; was probably one of the first to enter the field and is the author of many books on the subject; lectures extensively each year all over the country.



W. J. CROMIE

Now with the University of Pennsylvania; was formerly a Y. M. C. A. physical director; a keen student of all gymnastic matters; the author of many books on subjects pertaining to physical training.



G. M. MARTIN

By profession a physical director of the Young Men's Christian Association; a close student of all things gymnastic, and games for the classes in the gymnasium or clubs.



PROF. SENAC

A leader in the fencing world; has maintained a fencing school in New York for years and developed a great many champions; understands the science of fencing thoroughly and the benefits to be derived therefrom.

SPALDING ATHLETIC LIBRARY

Giving the Titles of all Spalding Athletic Library Books now in print, grouped for ready reference

SPALDING OFFICIAL ANNUALS

- No. 1 Spalding's Official Base Ball Guide
- No. 1A Spalding's Official Base Ball Record
- No. 2 Spalding's Official Foot Ball Guide
- No. 2A Spalding's Official Soccer Foot Ball Guide
- No. 3 Spalding's Official Cricket Foot Ball Guide
- No. 4 Spalding's Official Lawn Tennis Annual
- No. 5 Spalding's Official Golf Guide
- No. 6 Spalding's Official Ice Hockey Guide
- No. 7 Spalding's Official Basketball Guide
- No. 8 Spalding's Official Indoor Base Ball Guide
- No. 9 Spalding's Official Roller Polo Guide
- No. 10 Spalding's Official Athletic Almanac

Group I.

- No. 1 Spalding's Official Base Ball Guide.
- No. 202 How to Play Base Ball.
- No. 223 How to Bat.
- No. 230 How to Run Bases.
- No. 229 How to Pitch.
- No. 225 How to Catch.
- No. 226 How to Play First Base.
- No. 227 How to Play Second Base.
- No. 228 How to Play Third Base.
- No. 224 How to Play Shortstop.
- How to Play the Outfield.
- How to Organize a Base Ball Club.
- How to Organize a Base Ball League.
- How to Manage a Base Ball Club.
- How to Train a Base Ball Team
- How to Captain a Base Ball Team
- How to Umpire a Game. (Team Technical Base Ball Terms.)
- No. 219. Ready Reckoner of Base Ball Percentages.

- BASE BALL AUXILIARIES
- No. 1A Official Base Ball Record
- No. 319. *Minor League Base Ball Guide of Prof. Base Ball Clubs.
- No. 320. *Official Book Base Ball Guide of Prof. Base Ball Clubs.
- No. 306 Official Handbook. National Playground Ball Assn.

Group II.

- No. 2 Spalding's Official Foot Ball Guide.
- No. 315 How to Play Foot Ball.
- No. 2A Spalding's Official Soccer Foot Ball Guide.
- No. 286 How to Play Soccer.

- FOOT BALL AUXILIARY
- No. 303 Spalding's Official Canadian Foot Ball Guide.

Group III.

- No. 3 Spalding's Official Cricket Foot Ball Guide.
- No. 277 Cricket and How to Play It.

Group IV.

- Lawn Tennis
- No. 4 Spalding's Official Lawn Tennis Annual.
- No. 157 How to Play Lawn Tennis.
- No. 279 Strokes and Science of Lawn Tennis.

Group V.

- Golf
- No. 5 Spalding's Official Golf Guide.
- No. 276 How to Play Golf.

Group VI.

- Hockey
- No. 6 Spalding's Official Ice Hockey Guide.
- No. 304 How to Play Ice Hockey.
- No. 154 Field Hockey. (Lawn Hockey.)
- No. 188 Parlor Hockey. (Garden Hockey.)
- No. 180 Ring Hockey.

Group VII.

- Basket Ball
- No. 7 Spalding's Official Basket Ball Guide.
- No. 193 How to Play Basket Ball.
- No. 318 Basket Ball Guide for Women.
- BASKET BALL AUXILIARY
- No. 312 Official Collegiate Basket Ball Handbook.

SPALDING ATHLETIC LIBRARY

- Group VIII. Bowling
- No. 8 Spalding's Official Bowling Guide.

- Group IX. Indoor Base Ball
- No. 9 Spalding's Official Indoor Base Ball Guide.

- Group X. Polo
- No. 10 Spalding's Official Roller Polo Guide.

- No. 129 Water Polo.
- No. 199 Equestrian Polo.

- Group XI. Miscellaneous Games
- No. 201 Lacrosse.
- No. 305 Official Handbook U.S. Intercollegiate Lacrosse League.

- No. 248 Archery.
- No. 138 Croquet.
- No. 271 Roque.

- (Racquets.)
- No. 194 Squash-Racquet.
- No. 13 Hand Ball.
- No. 167 Quoits.
- No. 170 Push Ball.
- No. 14 Curling.
- No. 207 Lawn Bowls.
- No. 188 Lawn Games.
- No. 189 Children's Games.

- Group XII. Athletics
- No. 12 Spalding's Official Athletic Almanac.
- No. 27 College Athletics.
- No. 182 All Around Athletics.
- No. 156 Athletes' Guide.
- No. 87 Athletic Primer.
- No. 273 Olympic Games at Athens, 1906
- No. 252 How to Sprint.
- No. 255 How to Run 100 Yards.
- No. 174 Distance and Cross Country Running. [Thrower.]
- No. 259 How to Become a Weight
- No. 65 Official Sporting Rules. [Boys.]
- No. 246 Athletic Training for School-

- ATHLETIC AUXILIARIES
- No. 311 Amateur Athletic Union Official Handbook. [Book.]
- No. 307 Intercollegiate Official Handbook.
- No. 302 Y. M. C. A. Official Handbook.
- No. 313 Public Schools Athletic League Official Handbook.
- No. 314 Public Schools Athletic League Official Handbook—Girls' Branch.
- No. 316 Intercollegiate Cross Country Association Handbook.
- No. 308 Official Handbook New York Intercollegiate Athletic Association.
- No. 317 Marathon Running.

- Group XIII. Athletic Accomplishments
- No. 177 How to Swim.
- No. 296 Speed Swimming.
- No. 128 How to Row.
- No. 208 How to Become a Skater.
- No. 178 How to Train for Bicycling.
- No. 23 Canoeing.
- No. 282 Roller Skating Guide.

- Group XIV. Manly Sports
- No. 18 Fencing. (By Breech.)
- No. 162 Boxing.
- No. 165 Fencing. (By Senac.)
- No. 140 Wrestling.
- No. 236 How to Wrestle.
- No. 102 Ground Tumbling.
- No. 233 Jiu Jitsu.
- No. 166 How to Swing Indian Clubs.
- No. 200 Dumb Bell Exercises.
- No. 143 Indian Clubs and Dumb Bells.
- No. 262 Medicine Ball Exercises.
- No. 29 Pulley Weight Exercises.
- No. 191 How to Punch the Bag.
- No. 289 Tumbling for Amateurs.

- Group XV. Gymnastics
- No. 104 Grading of Gymnastic Exercises.
- No. 214 Graded Calisthenics and Dumb Bell Drills.
- No. 254 Barnjum Bar Bell Drill.
- No. 158 Indoor and Outdoor Gymnastic Games.
- No. 124 How to Become a Gymnast.
- No. 287 Fancy Dumb Bell and Marching Drills.

- Group XVI. Physical Culture
- No. 161 Ten Minutes' Exercise for Busy Men.
- No. 208 Physical Education and Hygiene.
- No. 149 Scientific Physical Training and Care of the Body.
- No. 142 Physical Training Simplified.
- No. 186 Hints on Health.
- No. 213 235 Health Answers.
- No. 235 Muscle Building.
- No. 234 School Tactics and Maze Running.
- No. 261 Tensing Exercises.
- No. 285 Health by Muscular Gymnastics.
- No. 288 Indigestion Treated by Gymnastics.
- No. 290 Get Well; Keep Well.

ANY OF THE ABOVE BOOKS MAILED POSTPAID UPON RECEIPT OF 10 CENTS

SPALDING ATHLETIC LIBRARY

No. 149—Athlete's Guide.

Full instructions for the beginner telling how to sprint, hurdle, jump and throw weights, general hints and advice, valuable general hints and suggestions. A. A. J. rules and they are explained. The book comprises thirty-seven of changes in action. Price 10 cents.

No. 273—The Olympic Games at Athens.

A complete account of the Olympic Games at Athens, the greatest Athletic Exhibition in the world. Compiled by J. E. Sullivan, Special United States Commissioner to the Olympic Games. Price 10 cents.

No. 87—Athletic Primer.

Edited by J. E. Sullivan, President of the Amateur Athletic Union. Tells how to conduct an athletic meeting, and gives rules for the government of athletic contests. Contents also include directions for having an athletic grounds, and very instructive advice on training. Price 10 cents.

No. 232—How to Sprint.

Every athlete who desires to be a sprinter can study this book to advantage. Price 10 cents.

No. 255—How to Run 100 Yards.

By J. W. Morton, the noted British champion. Many of Mr. Morton's methods of training are new to the American athlete, but his success in the best trials on his worth. Illustrated. Price 10 cents.

No. 174—Distance and Cross-Country Running.

By George C. on, the famous University of Pennsylvania runner. The latest and cross-country training, training pictures and training advice for experts, with comments by the author. Price 10 cents.

No. 205—Weight Throwing.

Probably no other man in the world has had the varied and long experience in weight throwing that the author in the letters. This book gives valuable information not only for the beginner but for the expert. Price 10 cents.

No. 244—Athletic Training for Schoolboys.

By Geo. W. Orton. Present in the pedagogical program as a branch of separate. Price 10 cents.

No. 55—Official Sporting Rules.

Contains rules not found in other publications for the government of athletic sports; rules for soccer, football, racing, jockeying, professional wrestling, professional boxing, and British water polo rules. Rugby football rules. Price 10 cents.

ATHLETIC AUXILIARIES.

No. 311—Official Handbook of the A. A. U.

The A. A. U. is the governing body of athletics in the United States and its name means that it is published in this handbook, and a copy would be sent to every club and every coach officer in the United States. The "Growth of American Athletics" is a short history of the member of the Board of Governors. Price 10 cents.

No. 307—Official Intercollegiate Athletic Association.

Contains constitution, by-laws, and laws of athletic, records from 1916 to 1920. Price 10 cents.

No. 302—Official Y.M.C.A. Handbook.

Contains the official rules governing all sports under the jurisdiction of the Y. M. C. A. Official Y. M. C. A. swimming, basketball, tennis, pictures of leading Y. M. C. A. athletes. Price 10 cents.

No. 313—Official Handbook of the Public Schools Athletic League.

Edited by Dr. Luther Halsey Gulick, director of physical education in the New York public schools. Illustrated. Price 10 cents.

No. 316—Official Handbook of the Public Schools Athletic League.

The official publication. Contains rules, directions, and by-laws, statistics, 1916-1917. Price 10 cents.

No. 317—Marathon Running.

A new and up-to-date book on this sport. It contains pictures of the leading Marathon runners, and contains valuable information in various Standard events. Price 10 cents.

Group XIII. Athletic Accomplishments

No. 177—How to Swim.

Shows the expert as well as the novice, the illustrations are made of swimming photographs especially made for this purpose. Price 10 cents.

No. 128—How to Row.

By E. J. Giamoni of New York. Famous coach of American rowing teams shows how to hold the oars, the finish of the stroke and other valuable information. Price 10 cents.

No. 206—Speed Swimming.

By Champion C. M. Daniels of the numerous American clubs, holder of the American record, and who has written on this subject. Any boy should write on the subject. Price 10 cents.

No. 225—Canoeing.

Contains sailing, training and racing canoe and other sports with hints and advice on training, and a canoe. Includes canoeing and canoeing. Price 10 cents.

No. 209—How to Become a Champion Skater.

Contains hints for beginners, how to do all the different tricks of the best skaters, and numerous diagrams. Price 10 cents.

No. 282—Official Roller Skating Guide.

Directions for becoming a fancy and skating. Pictures and rules for roller skaters in action. Price 10 cents.

No. 178—How to Train for Cycling.

Shows methods of the best riders when training for long or short-distance up-to-date on every training. Price 10 cents.

Group XIV. Manly Sports

No. 140—Wrestling.

Catches and holds, safety. Seventy illustrations of the different holds, and what anybody can with little effort learn. Price 10 cents.

No. 18—Fencing.

By Dr. Edward Brock of Boston, editor of the Fencing, a prominent member of the Fencing, and who has introduced to the world, and is particularly well known for his instruction work. Price 10 cents.

No. 102—Boxing Guide.

Contains over three hundred illustrations especially for the boxer. Price 10 cents.

No. 107—The Art of Fencing.

By Eugénio and Louis de New publications on the art of fencing in detail. Price 10 cents.

No. 236—How to Wrestle.

Most complete and up-to-date book on wrestling ever published, principally to novices, and illustrated by George Hackenschmidt and Hermann Leon. Price 10 cents.

No. 102—Group Tumbling.

Any boy, by reading this book and following the instructions, can become a champion. Price 10 cents.

SPALDING ATHLETIC LIBRARY

No. 280—Tumbling for Amateurs.

Specially compiled for amateurs by Dr. James T. Gwynn. Every variety of the positions explained by text and pictures, over fifty different positions explained. Price 10 cents.

No. 191—How to Punch the Bag.

The best treatise on bag punching that has ever been printed. Every variety of the positions explained by text and pictures, with a chapter on fancy bag punching by a well-known theatrical manager. Price 10 cents.

No. 143—Indian Clubs and Dumb-Bells.

By American amateur champion club swinger, J. H. Dougherty. It is clearly illustrated, by which any novice can become an expert. Price 10 cents.

No. 200—Dumb-Bells.

The best work on dumb-bells that has ever been offered. By Prof. G. Boies, of New York. Contains 200 photographs, should be the hands of every teacher and pupil of physical culture, and is invaluable for home exercises. Price 10 cents.

No. 202—Medicine Ball Exercises.

A series of plain and practical exercises with the medicine ball, suitable for boys and girls, business and professional men, in and out of gymnasium. Price 10 cents.

No. 224—Pulley Weight Exercises.

By Dr. Henry S. Anderson, instructor in heavy gymnastics Yale gymnasium. In conjunction with a short mechanism, with this book, any novice can become perfectly developed. Price 10 cents.

No. 203—Jiu Jitsu.

Each move thoroughly explained and illustrated with numerous full-page pictures of Messrs. A. Mitsui and S. Koyama, two of the most famous exponents of the art of Jiu Jitsu, who pose especially for this book. Price 10 cents.

No. 166—How to Swing Indian Clubs.

By Prof. W. W. Warren. By following the directions carefully anyone can become an expert. Price 10 cents.

Group XV. Gymnastics

No. 104—The Grading at the Gymnastic Exercises.

By G. M. Martin. A book that should be in the hands of every physical director of the U. S. National Club, etc. Price 10 cents.

No. 214—Drum-Bell Calisthenics and Dumb-Bell Drills.

For years it has been the custom in many gymnasiums of manufacturing a set drill, which was never varied. Consequently, the same kind and amount as the other long exercises. Price 10 cents.

No. 254—Barman Jar Bell Drill.

Edited by Dr. R. T. McKenney, Director Physical Training, University of Pennsylvania. Profusely illustrated. Price 10 cents.

No. 150—Indoor and Outdoor Gymnastic Games.

A book that will prove valuable to indoor and outdoor gymnastics, schools, outings and gatherings where there are a number to be amused. Price 10 cents.

No. 124—How to Become a Gymnast.

By Robert Sull, of the New York A. C. the American champion on the first rings from 1880 to 1882. Any boy can easily become proficient with a little practice. Price 10 cents.

No. 207—Fencer Dumb Bell and Marching Drills.

All kinds of games and recreative exercises during the afternoon period, especially for athletic and indoor-outdoor exercises. Price 10 cents.

No. 201—Tearing Exercises.

By Prof. E. B. Warren. The "Tearing Exercises" system of muscular exercises is the most thorough, the most complete, the most successful of any system. Price 10 cents.

Group XVI. Physical Culture

No. 101—Ten Minutes' Exercises for Busy Men.

By Dr. Luther Halsey Gulick, Director of Physical Training in the New York Public Schools. A concise and complete book of physical education. Price 10 cents.

No. 208—Physical Education and Hygiene.

This is the 6th of the Physical Training series, by Prof. E. B. Warren (see Nos. 146, 148, 205, 213, 214). Price 10 cents.

No. 140—The Care of the Body.

A book that all who value health should read and follow its instructions. By Prof. E. B. Warren, the well-known director of the U. S. National Club, etc. Price 10 cents.

No. 142—Physical Training Simplified.

By Prof. E. B. Warren. A complete, thorough and practical book where the whole man is considered—mind and body. Price 10 cents.

No. 152—Health Hints.

By Prof. E. B. Warren. Health influenced by sanitation; health influenced by color, exercise. Price 10 cents.

No. 213—225 Health Answers.

By Prof. E. B. Warren. Containing everything a teacher, health instructor, house, how to obtain pure air, bathing, water baths at home, a substitute for ice water; cure insomnia, etc. Price 10 cents.

No. 238—Muscle Building.

By Dr. L. H. Gulick, Director of Physical Training in the New York Public Schools. A complete treatise on the correct method of acquiring strength. Illustrated. Price 10 cents.

No. 234—School Tactics and Mass Raising.

A series of drills for the use of schools, edited by Dr. Luther Halsey Gulick, Director of Physical Training in the New York Public Schools. Price 10 cents.

No. 201—Tearing Exercises.

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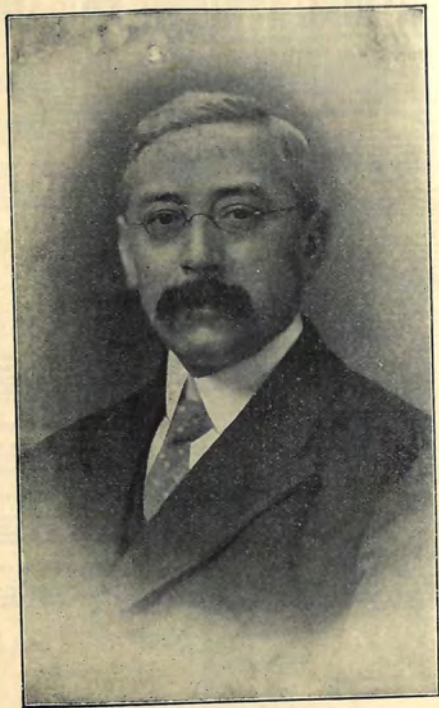
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HOW TO PLAY
"SOCCER"

BY
S. BLOOMER
J. T. ROBERTSON
J. KIRWAN
J. ASHCROFT
W. BULL
A. COMMON
A. McCOMBIE
J. CAMERON and
"McW"

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("McW." of "Football Star" and "Leader")
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INTRODUCTION.

I BELIEVE that my readers will agree with me that never before has any one produced so complete a guide to the playing of the Association Football game as is to be found in this book, "How To Play Soccer." A glance at the names of the contributors will convince you of this. S. Bloomer, of Middlesborough F.C., holds the record amongst English players for International Caps. J. T. Robertson, of Chelsea F.C., holds the record for Scotland; whilst J. Kirwan, also of Chelsea F.C., is the record man for Ireland. J. Ashcroft, of Woolwich Arsenal F.C., who contributes the article "How To Keep Goal," was goal-keeper in all three of England's International matches, season 1905-06. A. McCombie, of Newcastle United F.C., is the redoubtable back of that team and Scottish International. Walter Bull, of Tottenham Hotspur F.C., is regarded by many as the best centre-half in the South of England, whilst A. Common, of Middlesborough F.C., is the English International whose transfer fee, to that club, constitutes a record. Moreover, there is no man better qualified to write on football matters than J. Cameron, manager of the Tottenham Hotspur club, and who, in his time, was one of the headiest forwards that ever crossed the Border. The articles, then, are contributed by the star artists of the game, and when you recollect that this handbook is produced at the trivial price of sixpence, you must agree with me that never before has anything been attempted to equal it in football literature. Each man writes concerning his own special position on the field and how to play it. Surely, no better authorities could be found. The proverb runs that "Good wine needs no bush." I have sufficient confidence in the wine which I am offering you to leave the verdict to you.

THE EDITOR.

We reprint in this issue of Spalding's Athletic Library, with permission of the publishers, the British Sports Publishing Company, Ltd., 2 and 3 Hind Court, Fleet Street, London, England, the contents of a copyrighted book issued by them, "How to Play Soccer," written by leading English authorities on the game. The book has had a very large sale in Great Britain, and with the prominence recently assumed by the game in America, the work will undoubtedly prove a valuable acquisition to the player.

AMERICAN SPORTS PUBLISHING COMPANY.

HOW TO KEEP GOAL.

BY JAMES ASHCROFT.

[James Ashcroft, who writes below on the art of goal-keeping, is the famous custodian of the Woolwich Arsenal F.C. One more competent to deal with the subject could scarcely be found. That he is a magnificent goal-keeper was evidenced in the season 1905-06, when he was selected to play in all three International matches, and in the inter-League game against Scotland besides. He is a custodian who keeps goal with his brain, and the judgment which has made him great on the football field has stood him in good stead now that he writes concerning the position which he fills with such rare ability. James Ashcroft hails from Liverpool, but he has played so long for the Woolwich Arsenal F.C.—since the day that Mr. A. Kennedy, now chairman of that club, discovered him—the Southerner would almost resent it were the Northerners to claim him as their own. Ashcroft is a fine type of the professional who is a gentleman.]

MOST of my readers will recognise the fact that it is not the most learned man in any subject who makes the best teacher of it. It is given to some to impart knowledge readily and easily to their pupils. To others, the gift, or knack, is denied. It is with some diffidence, then, that I make my first venture at professorship,



Goal-keeper Saving.



A "Throw In," First Position.

not knowing really whether I am possessed of the gift of imparting to others the little knowledge which some years of experience between the posts have given me. I lay no claim to genius or even originality. If in my rough and unpolished literary style I can only give some helpful hints to beginners, or can bring my reader a step or two nearer to his International Cap, then shall I be perfectly satisfied. Moreover, if this my first lecture from the professorial chair turns out a success, possibly when my football days are over you will find me the scholastic head of Ashcroft's Academy of Goal-Keeping.

CONCERNING HEIGHT.

I assume, my dear pupils, that each one of you has made up his mind to become a Macaulay or a Doig, a Roose or a Robinson. Have you, however, the necessary qualifications? If you stand only five feet two in your stocking soles, let me advise you to play forward or back or half-back. The goal-keeper's position is not for you. To be a good goal-keeper you must have height. I do not mean that a man of 5 ft. 6 in. or 5 ft. 7 in. cannot become a great custodian. Were that so, I should never have witnessed a most brilliant display by Tim Williamson against Tottenham Hotspur in an English Cup Tie a couple of seasons ago. Williamson, as you know, is only a little 'un. Nor do I hold that great height is an advantage in a goal-keeper. True, Nature has endowed Fryer of Fulham with a plethora of inches, and he is a fine goal-keeper. That fact, however, is no argument against me. I contend that, as a rule, whilst the very tall man is good for the high shots, his very height is a disadvantage when he has to deal with the lightning "daisy croppers." I hold that 5 ft. 9 in. to 5 ft. 11 in. is the beau ideal height for the man



Finish of a "Throw In."

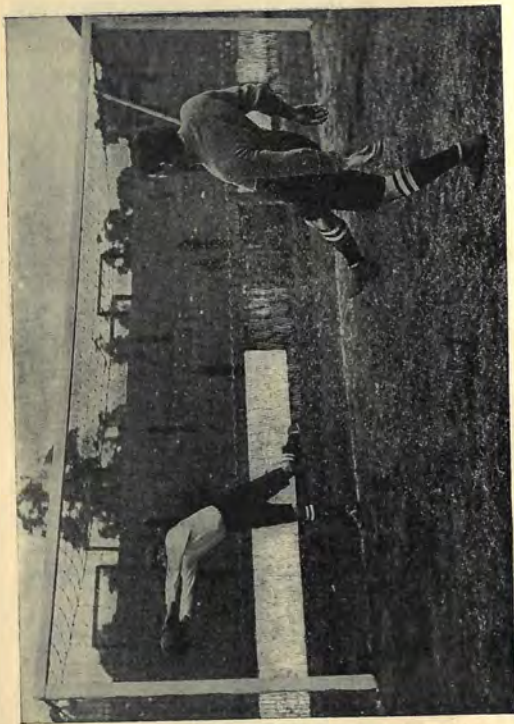
between the posts. Roose and Robinson, in the matter of inches, were built by Nature to keep goal. I would say to the beginner that if he is under 5 ft. 7 in. it would probably be wiser for him to cultivate an ability for playing some other position in the game. With necessary height I presume you have concomitant length of arm. Such a qualification is as helpful in goal-keeping as in boxing. Moreover, a goal-keeper must not carry too much flesh. The great Foulke may be instanced as an argument against my contention, but it must be remembered that the old Sheffield United man is a law unto himself. Take a thousand men of Foulke's bulk, and you probably would not find one to compare with him for a moment in the matter of agility and rapid action.

MUST BE ROBUST.

Do not undertake the goal-keeper's duties unless you are absolutely robust. By this I do not mean solely that you are able to take hard knocks, but that you have a really strong constitution. Time and again you will be left for long stretches to do nothing but twirl your fingers as you stand beneath the cross-bar. Your side may be attacking nearly all the time, and meanwhile you must stand very frequently on damp grass, shivering with cold and inviting an onslaught from pneumonia or the influenza fiend. If you are constitutionally strong, you can laugh at damp, colds in the head, and rheumatic twinges.

NERVES.

A goal-keeper must not be a man of nerves. No position on the field is so conducive to the begetting of nervousness. And why? The goal-keeper knows that he is absolutely the last line of defence. Forwards may blunder, and so may half-backs and



Goal-keeper Saving a Hot Drive from Centre-Forward.

backs, and no serious harm may accrue ; but the man between the sticks knows full well that his blunder is nearly always irretrievable. That is not a comforting thought to nurse as you watch a line of attackers swooping down on you, and if you once give way to funk it is all up with you.

JUDGMENT.

Let us assume, then, that you have the height and reach, that you are constitutionally robust, and are not of a nervous temperament : how are you to excel as a goal-keeper ? The first thing to do is to cultivate judgment. That may sound a simple matter, but is it ? True judgment in a goal-keeper is not a mere affair of the football ground alone. It is a something which is learnt by the study of men in everyday life. If you are an observer of character in the people whom you meet in your ordinary avocations, you will find that this observation is most helpful in forming judgment on the football field. You are in the best position in the game to study the methods, tricks, and plans of your opponents. You watch them carefully, and you note that the play of one dovetails with that of another, that one wing is speedier than another, that when the attacking line comes within shooting distance it is the inside-right who is fed in preference, say, to the centre or inside-left ; in fact, you regard matters as a general watches the tactics of an attacking force, and so you form your conclusions and prepare your defence accordingly. Therefore, I say to the beginner, do not spend your time, when the ball is away up the field, leaning listlessly against the goal-post, or chatting with your friends behind the net. Football is now a science, and goal-keeping must be done on scientific lines if you are to be a success. Correct judgment can come

only from close observation. Therefore do not concern yourself with the weaknesses of your own team; it is for you to analyse the reasons of the enemy's success, so that you may check him by judicious defence.

COURAGE.

Many a man who would really have become a great goal-keeper has thrown away his chance of greatness for lack of courage. Hard knocks are not much of an attraction, but if you are to win medals and glory you must put up with the risks of warfare. You run plenty of risks in goal-keeping. If, before stepping on the field, you think of nothing but the troubles which are in store for you, you may take it for granted that you have met trouble more than halfway. You are unnerved, and your goal-keeping is sure to suffer. Go out to play without a thought of what's in store for you. I don't know if you have ever by force of circumstances been thrown into a fight which you did not seek. At the outset you are in a kind of shiver of nervousness, but, once you have had a smack on the jaw, your diffidence has disappeared, and you scarcely notice the hard knocks you receive in the fray. So is it in goal-keeping. The best incentive to good work is a rough-and-tumble early in the game. The fighting instinct is aroused, and the harder the tussle the greater is your delirium of delight. Last season, when Stoke played the Arsenal at Plumstead, I watched the Reds swoop down on Roose like a whirlwind. There was a scrimmage in goal, and Roose was down on the ball like a shot with a heap of Arsenal and Stoke players on top of him. It was all Lombard Street to a halfpenny orange that the Reds would score. Presently, from out of the ruck emerged Roose clinging to the ball,

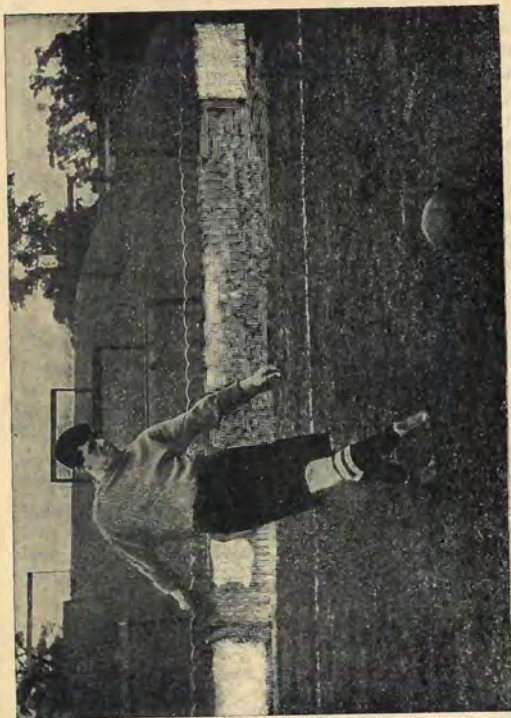
which he promptly threw away up the field. I'll bet that the thrill of triumph which went through him was ample compensation for any hard knocks he received. No one but a goal-keeper can realise the glorious sensation of such a happening. It is more than a sensation. It is an ecstasy. Courage is easily acquired. I believe that every man has got pluck and courage. It is only because the occasion has not arisen for their display that a man is ever diffident of these characteristics. Therefore, if you have the qualifications necessary for the making of a good goal-keeper, do not worry about the courage. It will come to you when the necessity for the exercise of it arises.

SPEED.

Speed is a necessity for a good goal-keeper, and if you would excel, I would counsel you to cultivate it by indulging in short sprints for practice. As you are never called to race the full length of the field, as is the case with the forwards, there is no occasion for cultivating running stamina, but, as I have said, you must cultivate the sprint. Your running in goal-keeping is of the nature of a quick dash, and so it is to your interest to learn how to get quickly off the mark. The ball is swung in from the wing. In a moment you must decide whether you can reach it more quickly than the forward for whom it was intended. Judgment says "Yes." It is then a case of dash. A leaden-footed goal-keeper sacrifices opportunities.

SOME HINTS.

Now for some hints to serve as a guide for your conduct between the posts. Never, *never*, NEVER use your feet to save when you can possibly use your hands. The reason is obvious.



A Right-footed Pass.

With your hands you can grasp the ball securely and throw it out of danger. When you use either foot, there is never certainty in your kick. The ball may easily glance off your boot either into the net or to the foot of an opponent. Moreover, with the other side bearing down on the goal, though you may get in your kick, there is always the danger that you will not lift the ball over the heads of the attackers, but instead may send it against the body of one of them, or may have your kick charged down. When, however, you use your hands, you are perfectly sure of throwing the ball over the heads of your opponents or of dodging a charge, and there is far more chance of placing the ball in a position advantageous to your side. Of course occasions arise when it is absolutely imperative for you to kick, and so, in your work, it will be well to indulge in some kicking practice, forgetting for a time that you have got hands at all. You will then cultivate a certainty, a sureness in kicking and in placing the ball, which will stand you in good stead when you must have recourse to footwork in the game proper. The safest method then is to catch the ball and, if you have time, kick to that position on the field where your side most needs the ball. If you are rushed, then you must throw. Always refrain from fisting a wet and greasy ball, and catch if possible, as you can usually dodge the onrushing forward, and kick or throw clear.

Even during the hottest skirmishes in goal, with a cool head, which every goal-keeper should possess, you will realise the exact positions occupied by the men of your own team. This quick perception comes with practice, and you must use it to dispose of the ball to the best advantage. I consider it a good plan to throw out to your wing men, provided they are not too closely watched, for, even though the ball be intercepted by one

of your opponents, his shot at goal would have to come at an acute angle, and such a shot is never too sure.

FISTING.

There come many times in every game when the best policy is neither to throw nor kick but to fist. Fisting, let me assure you, is an acquired art. Beginners are apt to punch the ball as if they were landing home a straight drive in boxing. Fisting, however, is scarcely punching. You must learn to bring your arm over, as if going to deliver a fast ball in cricket, in such a manner that you hit the football with the ball of your thumb and wrist. You will find that in this way you get in a much more powerful hit than if you attempted a drive from the shoulder. There is a time, however, when this style of fisting does not pay, and it is when a fast, high shot is sent in which threatens to sail just under the cross-bar. Then you must jump at the psychological moment and, using both hands, glide the ball with palms of hands over the bar. It is better and safer, I contend, to give a corner kick, which may be productive of no harm whatever, than to keep the ball in play in dangerous proximity to your goal.

COMPACT WITH YOUR BACKS.

As a goal-keeper you should make a compact with your backs that they should not get in your line of vision, especially when a corner kick is being taken. The best goal-keeper in the world is helpless if he does not get a sight of the ball until it comes under the cross-bar. When a corner kick is being taken by your own side, the best position for the goal-keeper to take up is against the upright furthest away from the corner flag where the

kick is being taken. It is always easier to run in to a ball than to run back for it. If you are by the upright nearest the kicker, and he sends the ball well across the mouth of the goal, you have to scamper back to be in position, whereas, if you are by the more distant upright you can, by taking a couple of steps, be ready to meet the ball no matter how it comes. Above all things, impress upon your fellow-players to give you a clear view of the man taking the corner kick.

THE PENALTY KICK.

The most terrible ordeal a goal-keeper has to face is the penalty kick. It is a duel between you and the surest shot on the other side, with matters much in favour of your adversary. Try always to recollect, at the crucial time, and strive to realise, that if nervousness is absent in your own case you have got something substantial in your favour. Weigh up your chances in the encounter. To begin with, you may assume that your opponent will not try to send in a high shot because of the danger of shooting over the bar. Neither, under ordinary circumstances, will the ball be directed close in to either of the uprights, because the kicker will be fearful of shooting outside the posts. Having argued the matter out this far, you may safely make the deduction that your enemy will shoot at the weakest spot, and that, as a rule, is to your left-hand side. These deductions are by no means infallible, but they are useful remembrances at the time of crisis. Adapt your position accordingly, and then turn a mesmeric eye on the man about to kick. A good boxer will watch his opponent's eyes because they are a sure index of intention. Watch the eyes of the man taking the kick, and oftentimes you will diagnose his intention. Remember, above all things, not to



A Pass from Left.

be nervous. There is no occasion for nervousness. If you fail to stop a penalty shot, there is no disgrace attached. If you succeed, however, there is glory and congratulation. It is a case, as far as you yourself are concerned, of very much to gain and very little to lose, so why should you be downhearted?

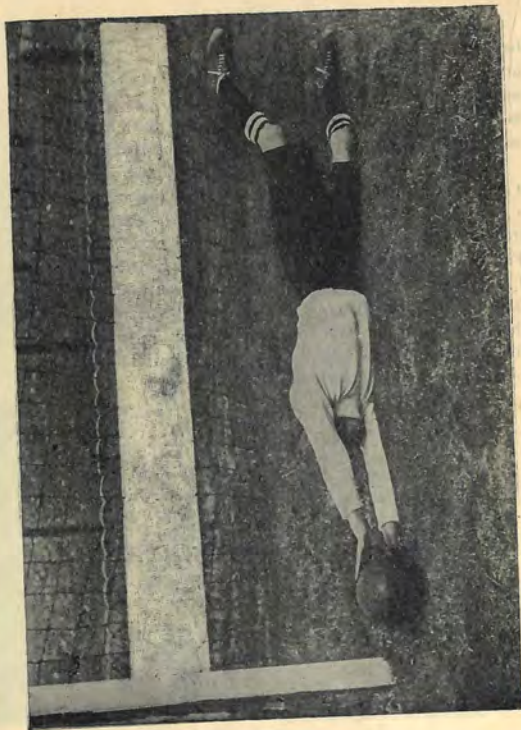
My final advice to the budding goal-keeper is, "Prove yourself a gentleman both on and off the field." Play the game in such a way that you bring credit upon it. Do not grumble at the training work which you must go through if you would excel. Finally, have no quarrel with the referee. It is aggravating, I know, to have a goal chalked up against you which ought to have been disallowed, but that is one of the trials which are the test of character. I have played very many games in my time, and up till now I have never known a wilfully dishonest referee.

HOW TO PLAY FULL-BACK.

By A. McCOMBIE.

[There is a nursery of football far North in Inverness which has produced such giants of the game as Peter McWilliam, Roddy McEachrane and A. McCombie, the latter of whom is the writer of the article printed below. Some men are born to greatness, and, as far as the honours of the football field are concerned, A. McCombie is one of these. For his country, Scotland, he has worn the International Cap, and for his club, Newcastle United, he has done sterling work as a full-back. He is a brainy player who has a "why" and "wherefore" for his every act. No player knows more about the science of back play, and he brings all his knowledge to bear on the subject with which he deals so ably below. Like the thoughtful Scot that he is, A. McCombie has not put all his eggs in the one basket, and when his playing days are over he has a comfortable business to fall back upon in Sunderland.]

"Defence and Denance" should be the motto of every young player who sets out with the intention of making himself a first-rate full-back. It must be remembered, however, that defence, rather than defiance, is the first thing to be studied. Immediately behind you is the spot on which the enemy is concentrating his attack. The goal is a citadel which must be preserved intact.



Swiss a. Hot "Grounder"

You are one of the last line of defence, and therefore it behoves you to make yourself a master of strategy and tactics, because an error on your part is fraught with far more serious consequences than that of the line of skirmishers which lead your attack or that of the middle line. Half-backs and forwards may make slips and mistakes, and yet retrieve themselves. The full-back has but little chance of retrieving either his error of play or his error of judgment. Hence, before deciding that full-back is a position which you could fill with credit, you must weigh up its responsibilities and duties.

QUALIFICATIONS.

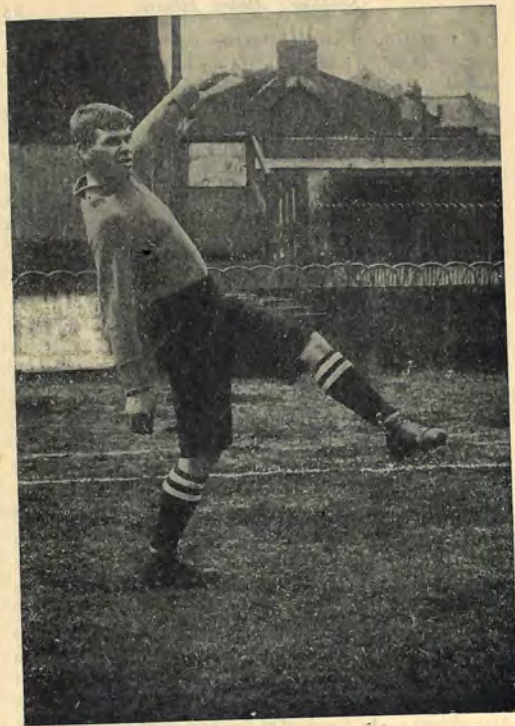
The first question to ask yourself, before concluding that you can fill the rôle of the last line of defence, is, "Am I suited for the position?" Your answer must depend upon your conscientious belief in the various qualifications which go to make the good full-back. And what are these qualifications? Very many good judges of the game argue that height and weight are necessities. I myself am no stickler for a standard of weight or inches. Good full-back play does not depend upon avoirdupois or lordliness of stature. You may be a pocket edition of Goliath, as is Crompton of Blackburn Rovers or Howard Spencer of Aston Villa, or you may lack inches, as does Burgess, late of Manchester City, but, be you six feet six or five feet nothing, with weight according, you may in either case be a beau ideal of a defender. For my own part I believe that excess of inches is a drawback to a good defender. The very tall man is at a disadvantage when dealing with the Bonds and Hardmans of the attacking line. The big man cannot get down to them in a charge, and the nippy forward is ever a source of trouble to the back of many inches.

It is certain, of course, that the full-back needs grit. A shortage of weight is amply atoned for by the presence of pluck and dash, and no man, provided of course that he is not absolutely fragile, need fear to take on the duties of full-back, so long as he is possessed of confidence and courage. A feather-weight will not do for the position, but anyone above that mark will do so long as the other qualifications are not lacking.

SURE TACKLING.

The first qualification of a back is that he should be a sure tackler. I put tackling before kicking because, after all, you must get possession of the ball before you can dispose of it. To be a good tackler, you must be fearless. By that I do not mean that you should be reckless. A reckless player is never safe. I have in my mind's eye, as I write, the personality of an amateur full-back. No one could ever accuse him of cowardice. If the opposing forward were as big as a mountain this man would go for him, although his inches were few. I never knew him to be daunted. He would rush, heedless of consequences, into the thick of the fray. His action spoke of pluck, but not of judgment. In point of fact, he was reckless, and the clever forwards were not slow to notice this weakness, for weakness it was. He had not learnt the science of tackling. In this branch of defence your method must be constantly varied. A continued repetition of similar tactics proclaims you a poor defender.

To know how to tackle you must study the methods of the attackers. No set of rules will answer for all cases. A certain outside winger may have the happy knack of carrying the ball right down to the corner flag and then centring accurately. Another may not be possessed of that happy gift, and his centres



Finish of a "Centre" from Left Wing.

must be negotiated much further up the field. A third may be an adept at transferring the ball at the psychological moment to his inside man or to his centre forward. Yet another may depend for his success on his ability to send the ball right across to the opposite wing. The peculiarities of these different types must be noted by you, and your conduct must be shaped accordingly. The touch-line sprinter must be met fairly and squarely. Your defence is right in front of him. The man who plays to his inside man or centre forward must be met with a feint. Your rush must be made towards him, as if you were going to snatch the ball from him. Then you pull yourself up suddenly, ready to intercept the ball as he tries to pass it. In the case of the man who slings the ball from wing to wing, you must go for him, without hesitation, to rush down his kick or spoil it, and you must have an understanding with your fellow-back that he may be ready to go for the ball if it travels across the field.

GOOD JUDGMENT.

The first requisite, then, for a good tackler is sound judgment. This judgment comes from close observation. Once you determine to tackle, let there be no hesitation. Make up your mind instantly, and, once you have done so, back up your judgment by your action. There can be no half-measures in tackling. That it may be successful, you must be whole-hearted. An attack, to be a successful attack, must be fearless and unrelenting. No quarter must be given, and, even though you go down, you will have accomplished your aim, because you will have disconcerted the plan of your opponent.

GOOD KICKING.

I have placed tackling before kicking as the prime qualification

of a back, and do so advisedly. You may not be able to kick a ball twenty yards and it may matter but little, since, after all, hard kicking partakes more of the nature of attack than of defence, but tackling is primarily a matter of defence. However, to be a really great back you must be able not only to tackle but also to kick. Many a man thinks because he can tackle and take a charge and can kick hard that therefore he is a competent back. Hard kicking oftentimes betrays a weakness of defence. It is not a case of how hard you can kick so much as how well you can kick which determines a man's capabilities. What is the use of the long kick which places the ball at the toe of an opposing back? The secret of successful kicking lies not in how hard or how far you can kick the ball as in how well you can kick it. Give me the man who can send it to the spot where it will be of the most advantage to his side, even though it be but a matter of ten feet away, rather than the one who indulges in mighty lunges and gigantic kicks without a notion of the ball's eventual destination. Sure kicking, by which I mean the power to connect with the ball nearly every time, is good, but certain kicking is better. By certain kicking I mean the power which a back possesses of sending the ball to the very spot which he intended.

ACCURACY.

In billiards you so play the objective ball that it may bring you the best possible result. So must it be in football. When you propel the ball you must have a certain end in view, and that end must be that you leave the ball in such a position that it will be of service to your partner. This accuracy of aim is not easy of attainment. Practice alone can make you perfect. The play in matches is all very well for creating a sureness of touch, but this

sureness is better acquired by giving the matter attention when you are not weighted by the responsibility of the game itself. I have read of bowlers in cricket who cultivate accuracy of length by constantly trying to land the ball on a certain marked spot. If you would be a good full-back you must follow that example. When practising you must make it your aim to kick the ball from certain positions on the field so that it will land time and time again on the very spot which you intended. Such practice work may be tedious, but no man ever excelled in any art who did not give the apparently trivial matters his serious attention. Learn then, first of all, to kick with accuracy before attempting to kick with force.

SPEED.

A back, to excel, should be possessed of a good turn of speed. A leaden-footed man is of little use in football, and particularly is this so in the case of defenders. It stands to reason that on various occasions a back will be outwitted by the opposing forwards. The back who stands still under such circumstances is inviting trouble for his side. As a boy I remember Donald Gow, who played full-back for the Glasgow Rangers and Sunderland, one of the neatest and cleanest kicks it has been my lot to know. But he had his little weakness. Although possessed of a good turn of speed, if the opposing forward beat him he would not bother to run after him, rather allowing the half-back or his partner to overtake him. It was said of him that, despite his size and weight, he could overhaul the fastest forward. Such speed is a splendid endowment. I would advise all beginners, then, to cultivate speed. Long-distance running and endurance trials are not called for. The back who would excel ought to practise short distance



Finish of a "Centre" from Right Wing.

running and sprinting. He will find it most helpful when a flying winger gives him the slip. He cannot afford to stand still. He must go after the elusive one without a moment's hesitation, and he has the best of the handicap in this, that the opposing forward has already put in a sprint before tricking him. Under the circumstances the back stands a good chance of overtaking the forward.

It has been said of many backs that they were "one-foot kickers," that is to say, that whilst they were sure with the left or the right foot, as the case might be, they could not use both equally well. Such a failing is a bad one. Because you happen to be a right back is no reason why your kicking should all be done with the right foot. You must learn to kick with both right and left. You are not given the opportunity in a match of deciding how the ball will come to you. You must be able to kick equally well with either foot. Therefore in practice you must make it a point of giving both feet equal chances.

HEADING.

I dearly love to see a back who knows how to head a ball. One who excelled, and does excel, in this department is Tait of Tottenham Hotspur. His heading is always sure and accurate. With him it seems to be more a gift than an acquirement. Heading is a necessity for a good back. Time and time again, in the course of a match, the ball is sent into the danger zone in front of goal. With a host of players all hovering around it is hopeless to expect the ball always to drop where you can reach it with your foot. In scrimmages in front of goal good play with the head is invaluable. You can reach with the head that which you cannot hope to touch with the foot. The full-back, of

all men, is the one who should learn this art. Accuracy of eye and judgment is necessary for this play, but this accuracy can be cultivated.

DANGEROUS TACTICS.

There is one thing a back should always remember, and it is that he ought not as a rule to keep the ball. That is the perquisite of the forwards. When you get it, nine times out of ten it is in the danger zone. If you dally with it you are inviting trouble. The forwards may swoop down on you and rob you. It may seem very fine to hold the ball and trick and dodge your opponents, but such play is dangerous. The spectators may laugh at and cheer your cleverness, but they would howl at you if your trickery allowed the other side to score. After all, it is better to be sure than sorry, and so my advice to the full-back is to get rid of the ball at the earliest opportunity and to the best possible advantage to his side.

MUTUAL UNDERSTANDING.

As a back you will never excel in play if you have not a thorough understanding with your brother back. One who excels in this department is my club mate, Jack Carr. You should always have matters so arranged between you that there is no hesitancy when the crucial time comes. There should be, for instance, a mutual understanding between you that, given certain conditions, one should play the ball, the other the man. In fact, the matter is summed up in a nutshell when I say, "Study combination." This combination should also take into account your half-backs. You must thoroughly understand the methods of your fellow-players in the intermediate line, and ever be ready to cover their slips and errors.

ON CHARGING.

The gentle art of charging an opponent seems to have almost disappeared. I am sorry for this. Whilst no believer in the argument of brute force, I am fully persuaded that a good charge is oftentimes a back's best policy. You must be fair, of course, in this style of defence. You do not need either great weight or height to be able to charge well. There is a knack in this art which, once acquired, enables the little man to overthrow the Goliaths.

The full-back is generally expected to mark the outside forward in the attacking line, the outside half-backs accounting for the inside men. You must, to excel, be observant of the play and mettle of the man whom you are to hold in check. Watch his manner of tricking others, so that he may not trick you. When you have made up your mind as to the line you are going to adopt in meeting him, never hesitate in putting your plan into practice. The old motto, "He who hesitates is lost," is particularly applicable to the full-back. As a back, remember to have some consideration for your goal-keeper. By that I do not mean solely that you are to do your best in saving him from the attacks of the enemy. What I mean is that you must not crowd him. He must be given plenty of room for his work and above all a clear view of the ball. For four seasons and a half there could not have existed a much better understanding than that between Doig, Watson, and myself. We had confidence in each other. Have some confidence in the man behind you; have some confidence in the man in front of you; but, above all things, have confidence in yourself.

HOW TO PLAY CENTRE-HALF.

BY WALTER BULL.

[Alfred Gibson ("Rover") in "Association Football and the Men Who Made It," describes Walter Bull as "probably the best half-back who has not worn an International Cap." The best judges are agreed that Walter has not had his fair share of the plums, but we live in hopes of yet seeing him fight for his country against Sandy, Paddy and Taffy. In him Tottenham Hotspur F.C. have more than a very talented half-back. He is an exemplar both on and off the field. Walter Bull has thoroughly studied his part, and when he plays, he is invariably 'line perfect.' In the article from his pen which is given below, he has succeeded admirably in putting his knowledge upon paper, and with such a tutor, the beginner who would play centre-half should have little difficulty in surmounting his initial obstacles. Walter Bull is a man whom the beginner might imitate to advantage as a pattern of a player and as a type of nature's gentleman.]

It has been said, and rightly said, that the half-back line is the "crux" of the team. A weak half-back line means, as a rule, a weak side; whilst a strong one will often convert an otherwise team of mediocrities into a powerful combination. And just as, in my opinion, a team is only as strong as its middle line, so this line is only as strong as its dominant factor—the centre man.



Goal-keeper Kicking Out from Goal.

Weakness of the left or right half can be covered, but the man in the middle, to my mind, is the man who makes or mars.

When, then, you resolve to give football a trial, do not hug the belief to your bosom that centre-half is the position for you, simply because in that sphere you will have the best of opportunities of distinguishing yourself. It is true that centre-half affords wonderful scope for the man of indubitable merit, but you must recollect that the greater the opportunity the greater the responsibility. It seems to me that in this position you must either be a great success or a great failure. There is no happy medium. Therefore you must not take upon yourself the task too lightly. As a man of mediocre ability you may do all right in every other position on the field. As a centre-half you must excel, or else give way to some one more talented than yourself.

THE KEY TO THE POSITION.

On the battlefield the general sees that his troops are so disposed that the part of his army which is to sustain the brunt of onslaught, and yet is the one to back up a frontal attack, is the strongest possible. In football it is the same. The centre-half is the key of the position both for defence and for retaliation. He must be strong to repel, and powerful to attack, and so a centre-half must be judged by his ability to defend and his capability to make incursions into the enemy's territory.

The aspirant to honours in this position must never lose sight of the fact that success can come only from hard, untiring, persistent work. Oftentimes there is rest for the forwards. Frequently the goal-keeper has nothing to do for lengthy periods. The backs, too, may have spells of idleness, but the half-backs, and especially the centre-half, have no "off" moments. Their

duties are twofold—attack and defence—and so, throughout a game, they must ever be on the *qui vive*.

DEFENCE AND DEFIANCE.

It has often been said that a centre-half's duties are divided pretty equally between the departments of offence and defence. To me it seems that offence has the preference over defence, because, after all, the best defence is attack. It would be well for young players to realise this fact. The novice is too apt to think that he must lie back in wait for the onslaught of the opposing forwards. Far better is it to kill the attack by you yourself becoming an attacker. The more you circumscribe the movements of the enemy, the better are your chances of overcoming him. The more you corner an opponent, the better your chances of administering the knock-out blow. So, if you would excel as centre-half, make yourself a sixth forward whenever you can possibly do so. Your aim should be to corner your opponents, not to let them corner you. But perhaps I am getting ahead of my subject, since, after all, I am talking of your duties as a centre-half before settling the question as to whether you are qualified to fill the position.

QUALIFICATIONS.

What, then, are the qualifications of a centre-half? First of all you must be constitutionally strong. Your position is one which must meet the buffeting of the main attack. Your position is the key to the whole situation. It is against you that attack after attack will be hurled. A wavering on your part will be fatal to your side, for, once the enemy breaks the main line of defence, every other position on your side is weakened. As



An "Overhead" Fly Kick.

centre-half you are going to bear the brunt of attack. You may be as clever as can be, but unless you can meet force with force and strength with strength, sooner or later the foe will break down your defence. The centre pier of a bridge must be stronger than those nearer the river's bank, because it must withstand the stronger currents in mid-channel. So is it with the centre-half. The strongest currents eddy around him. Sturdy strength is needed to withstand them. So it happens that the centre-half must be well-nigh physically perfect. He must be sound in wind and limb if he is to last out the game. He is constantly on the move, either pressing home the attack or falling back in defence, and thus, without a doubt, he is the hardest worked man on the field. It follows, then, that he must have robust health and vigour, otherwise he cannot last out the game.

A sound physical condition, then, is a necessity for the position, and so, if you are a weakling, if you are one constitutionally unsuited to withstand hard blows and knocks, if you are lacking in endurance and stamina, it will be well for you to give some other position a trial. Let us assume, however, that you are constitutionally strong. There is no occasion for you to be an Anak, a giant in physical development, to excel in the position under discussion. In fact, great size and weight are, as a rule, unnecessary adjuncts. They leave you a prey to all kinds of undesirable possibilities. Any man of ordinary proportions may excel, provided he is physically fit. You may be a Crawshaw in inches, or you may measure only 5 ft. 3 in., but if you are bodily sound, and have the football knack, there is no reason why you should not excel, assuming, of course, that you are not lacking in other necessary qualifications.

CONCERNING TACKLING.

To excel you must tackle well, and to tackle well you must be absolutely fearless. Do not think of the reputation of the centre-forward as he bears down upon you. Promptitude of action is the secret of good tackling. Nothing so disconcerts a forward as a sudden swoop upon him. No matter how talented he is, he is disconcerted by the fierce onslaught. You may not get the ball yourself, but your cyclonic action is almost certain to spoil his judgment, his kick, and his pass, and the ball will go where he never intended it should. Of course the forward will sometimes try conclusions with you. Go into the duel to win. Get the ball if you can, but if you fail at the first attempt, stick to your man like a terrier. Never say "die" because the forward outwits you. Go after him, and harass him until he parts with the ball either to you or to one of his own side. Your idea must be to break up his plan of campaign.

Only incessant practice can teach the centre-half the intuitive judgment which proclaims just what an opposing forward is going to do. This intuition is, to an extent, a gift, and yet it is one which is born of close observation. Therefore the good centre-half must make a study of the wiles and guiles of the Woodwards and Bloomers of the football field. In the game of chess the good player divines the intention of his opponent and his plan of attack right from the early moves in the game. In football you must do the same. As centre-half you must learn to divine the purpose of each move of your opponents. This divination or intuition cannot be taught. It comes to you from shrewd observation. Certain moves lead up to certain other moves. In time you come to recognise them without

reasoning out their "why" and "wherefore." So is it with centre-half. You must not play your game unthinkingly. At first you will reason out the happenings on definite, logical lines. "Such a thing will happen," you say, "if a certain other thing is done." In time the constant reproduction of certain events from certain given causes will teach you that given this, that, or the other condition there must result a logical sequence of events. In time you look for the result without going through the process of reasoning. That is intuition.

JUDGMENT REQUIRED.

A man may be a good tackler, he may be able to snatch the ball from the toe of an opponent, his judgment and intuition may enable him to intercept the pass of the opposing forward, but if he does not know how to deal with the ball when he gets it, then his other qualifications are of little avail. At a glance he must be able to decide what is best to do with the ball, he must know instantaneously which forward is most suitably placed for taking advantage of his pass, and he must make up his mind on the spur of the moment as to whether it will be better to have a shot at goal, to dribble, or to send the ball out to the wings. The learning of this sharp, decisive action is not easy of acquirement, but much practice teaches you to do the right thing mechanically.

Many authorities contend that speed is a necessity for the centre-half. If by that the sprinter's speed is meant, then I agree. Every centre-half should learn to sprint. Long-distance running is not so essential, although it is valuable. Inasmuch, however, that the centre-half must constantly be making dashes here, there, and everywhere, it is necessary

that he should have a turn of speed. Therefore to all beginners I would counsel sprinting exercise.

I am a great believer in the centre-half having a shot at goal as frequently as possible, and for that reason I recommend goal-kicking practice from the thirty yards range. Many a time I have outwitted an opposing goal-keeper by having a "pot" at goal. The goal-keeper never counted on such a happening. He was watching to see to whom I would pass the ball, and lo and behold, I sent in a high shot for which he was unprepared. I have found that it pays to essay the unexpected. That, after all, is the secret of attack, to make your onslaught where your enemy least expects it. Unconventionality is always perplexing.

SELFISHNESS A SIN.

The centre-half, of all players, must be thoroughly unselfish. He is in the position where selfishness is most detrimental to his side. He is the feeder of his forwards, and he should learn never to hold on to the ball when he sees an opportunity of advancing the interests of his side by passing to one of his own men who is unmarked. Nevertheless, if the centre-half is a robust player, there are many times when it will pay both him and his team better for him to rush through the opposing defence on his own. The very fact that he is doing something which is totally unorthodox will oftentimes throw the enemy off their guard. I have seen many a goal scored in this fashion, but I would warn beginners not to make a habit of this procedure. Once in a while it answers admirably, but only once in a while. Strictly speaking, it is not good tactics, but the best of generals occasionally throws tactics to the wind and counts on the success which sometimes accompanies a surprise.



A Case of "Hands."

Accurate kicking is essential in a good centre-half, and accurate kicking can only come from assiduous practice. It is useless to think that this attainment can be acquired by playing in the game itself. Accuracy of kicking is solely the outcome of assiduity in practice. There is no use thinking that you can walk on to the field on a Saturday afternoon and place the ball truly and well. You must experiment and experiment, and get your accuracy of length as does the bowler, who learns his art when bowling at the nets. No matter what position you decide to play, you must ever remember the old adage that "Practice makes perfect."

A thing to be remembered by the beginner is that there are ten other players in the team. In other words, if you would excel in the position of centre-half, you must not be selfish. You may consider yourself very clever and very gifted. Try to forget the fact. Selfishness is an unpardonable error in any player. Therefore you must learn the art of combination. Do not hang on to the ball just to show your friends how you can trick opposing players. Such gallery play is a big mistake. When you get the ball you must make up your mind instantly as to what to do with it. If an opponent is right on top of you it will probably be necessary for you to try to trick him before getting in your kick. If you are unhampered, however, see where you can send the ball to be of most service to your side. It may be that your outside-left is unmarked; then you must transfer the leather to him. If the centre-forward is better placed, then send it to him. It may happen that the interests of your team will actually be better served by kicking to one of your own backs. Again, it may be preferable for you yourself to carry the ball along. Whatever your judgment

tells you to do, do it promptly. But, above all things, don't be selfish.

MUTUAL UNDERSTANDING.

In playing centre-half you must have a thorough understanding with your fellow-halves. You must so dovetail your methods that each one knows what the other is going to do under certain given circumstances. When you see your wing man making for an oncoming forward you must place yourself in the position in which you are most likely to intercept the enemy's pass. In fact, you must cover your fellow-player's attack. And all the time you must study the methods of the attackers. You must note their little tricks. All the best forwards have certain methods of their own. Thus different tactics are needed to checkmate Bloomer than those adopted for, say, Shepherd of Bolton Wanderers. Some depend on their sudden sprint, some on their feinting, some on their combination with a certain other forward. You must be quick to note these methods and to draw up your plan of campaign accordingly. The art of combining with your fellow-players cannot be taught by written treatises. Better far is it to study the play of such centre-halves as Buick of Portsmouth or Morrison of Fulham, or, if you be a North-countryman, take Colin Veitch of Newcastle United or Raisbeck of Liverpool as model.

ABOUT HEADING.

No half-back can play the game properly who has not learnt the knack of heading the ball. Any one can head the ball, but it is one thing to bring your cranium into contact with it; it is quite another, when doing so, to send it with accuracy to the player you intend to receive it. Sandy Tait of Tottenham

Hotspur is a fine exponent of the "header." He can place the ball as accurately with his head as with his feet. This accuracy comes from practice. Do not be content, then, at practice time to simply have pot shots at goal. Rather have a spell at heading the ball. Get one or two of your clubmates to practise heading with you. Learn to receive the ball on your forehead, not on top of your brain-box, and cultivate the knack of directing the ball to the man for whom you intend it. Correct heading is of as much consequence as correct kicking.

I have often been asked on whose play the budding centre-half ought to model his methods. I do not think that a player could do better than form his style on the methods of Colin Veitch of Newcastle United. He tackles fearlessly, kicks accurately, excels in both offence and defence, and is indefatigable in his work on the field. To all beginners I would hold him up as an example and a model.

HOW TO PLAY HALF-BACK.

BY J. T. ROBERTSON.

[The life of an International player is proverbially short, but when it is realised that during his International period J. T. Robertson took part in twenty-three matches, captained Scotland to victory three times, kicked six goals in these games from half-back, and secured twenty-three Caps, it will be apparent that the writer of the article printed below must be an authority on the subject with which he deals. Surely a more brainy player never stepped upon the field than this fair-haired, genial "heather-bloom," who is at present the manager of Chelsea F.C. Whilst you watch his play, you can almost see his brain at work, and he writes as ably as he plays. Glasgow, Southampton, Everton and London know him best, but wherever football is discussed the name of J. T. Robertson will ever be recognised as that of one of the greatest half-backs that ever kicked a ball.]

When I was a laddie up in Scotland, and thought more about my football game than about my studies, I used to save my half-pennies during the week so as to be able to see a game played by two of the leading clubs on the Saturday. How I used to watch every bit of clever play, and how I wished that I could do it myself! The wish in my case was father to the deed, because, in kicking an old ball about on the village green, I essayed the

tricks which I had seen performed by the football artists in the big games. That is what the novice must do if he would become perfect. Do not let him be content with witnessing the doings of the Gibsons and Walkers, Dewars and Bloomers of the game, and saying, "My word! Isn't that pretty?" No, he must take these leading lights as examples and patterns on which to fashion his own play, and try to get as much effectiveness into his work as do the masters of the game. He may never attain their high standard of success, but he will undoubtedly improve his style wonderfully. After all, the greatest artists in every line began their career by studying from models. Consequently I am not one of those who would decry the attendance of boys and youths at our big football matches, provided the said juveniles are there to study, as it were, and to learn. Begin by copying. Copy the best, and in time you may hope to equal those players who have served you as teachers and exemplars.

LEARN TO ATTACK.

In giving you my ideas and conception of the "Left Half-Back" game I am bound to traverse, to an extent, the same ground as is covered by Walter Bull in his article on "How to Play Centre-Half." Such a happening is unavoidable, since the qualifications of each man in the middle line are very much identical. The best training for any one playing on the "Half-Back" wings is that which comes from having played as a forward. A time there was, of course, when forward was my position. In those days all my strategy was centred in outwitting the defence. Naturally I practised all the wiles and guiles which a forward ought to know. There were not many tricks with which I was not conversant. Now that my mission on the



A Shot at Goal by Inside-Right.

football field is to check the flying winger, the remembrance of my own tactics when I was one of the advance guard stands me in good stead. As the wing-man comes rushing down the field, I take in at a glance the disposition of the enemy's forces, and instinctively I reason back to the time when I used to create the attack, and I know, almost without thinking, what the forward is going to do under the circumstances. Such judgment is not, of course, infallible, but I contend that the man who has at some time or other led the attack is the one most competent in the line of defence. I would suggest, then, to the beginner who would excel in the half-back line to make his first lesson "How to Play Forward."

After all, is there anything so wonderful in the half-back learning the mysteries of attack? Certainly not, for although the middle line is one which must be at once offensive and defensive, its attacking powers should be more pronounced than its repelling ones. Particularly is this the case with the wing men. The centre-half may lie back a little, ready to cover the slips of either of his colleagues, but the outside men should lie close up behind their forwards, watching their every act, ready to accept their back pass, and ever helping to press home the attack. The best defence is a strong attack, and every half-back should remember that truism. You must carry the game into the enemy's territory. Strive to keep them well up towards their own goal. Do not allow them to force you back past centre-field if you can possibly help it. In fact, learn this lesson, "Worry, so that you may not be worried."

STUDY TACTICS.

It stands to reason that if you keep well up with your forwards

the ball is very often going to be passed to you, and to learn to do the right thing at the right time with it is a science which comes only with study and practice. Your outside winger may pass back to you. You must understand his tactics. That pass has not been given thoughtlessly. He sees that you can draw the defence, which will give him an opening if you only make good use of your opportunity. True enough, you draw the defence, and you see at a glance that your winger is unmarked. To him you must return the ball. But next time the enemy expects that dodge. Different tactics are necessary. You may feint to repeat your former play, then with a hard kick you transfer to the opposite wing, where you see your extreme wing man lying unmarked. Left half-back should feed centre and inside-right as much as the wing man. Again, a glance may show you that neither of these courses would benefit your side. The game to play is for you yourself to take the ball right through. Whatever course you adopt must be the outcome of judgment and experience. This experience and judgment comes only from close observation—in fact, from the study of men and their methods. No man can ever excel who trusts to fate and luck for guidance in his actions. Genius is the capacity for taking pains, and if you would excel in your special department you must have a thorough grasp of all its details.

LEARN TO KICK.

To be able to kick strongly and accurately is a great desideratum in a half-back. As a forward you may have learnt the gentle art of the "tip-tap" game. It is a good acquirement to be able to dribble and to pass in an attacking movement, but as a member of the middle line you must, moreover, be able to send



Goal-keeper ready to Save a Shot from Inside-Right.

the ball long distances. And why? Let us imagine that your left wing is pressing home the attack. The enemy have concentrated their defence in that quarter. To rush them is impossible, trickery is impracticable, but a long kick will transfer the ball far across the field to where there is a clear space and where one of your side is lying in wait to accept your long pass. Many half-backs that I have seen seem to confound long and hard kicking with good kicking. The long kick is no good in itself—in fact, it is often dangerous; but the long and accurate kick is a splendid weapon of offence. Let your practice begin with learning to kick a long distance. Develop your leg muscles by so doing, always remembering, however, to kick with either foot. The man who can kick well with only the right foot or the left, as the case may be, must ever remain a weak defender. There is a chink in his armour. When you have cultivated the art of the strong kick, then you must give your attention to accuracy of length. Practice alone can make you perfect in this particular. Have you ever watched Braid or Vardon play golf? Their driving is beautiful to watch, but it is their accuracy in gauging distance which makes them wonderful. That accuracy did not come by chance. Hours and days and weeks and months of constant application were taken up in the practice which has made their names household words. In cricket, again, who has not heard of the pains C. B. Fry took to make himself master of every stroke? So must it be in your case: to kick accurately you must practise assiduously.

BEWARE OF SWOLLEN HEAD.

I would issue a word of warning to beginners who are undertaking duty in the half-back line to beware of selfishness and of

that terrible malady "swollen head." A half-back, of all men, has no right to be selfish. His duty, when he gets the ball, is, nine times out of ten, to get rid of it. This must not be done in any haphazard fashion. The uppermost thought in your mind must be as to how to dispose of the ball to the best advantage. As a rule you will pass to the forward best placed to take advantage of your pass. Or you may transfer it to your centre-half, who at the moment may not be so hampered as you yourself are. Or it may be necessary to send the ball to one of your backs who has a clear field in which to manœuvre. Your decision must be instantaneous, but the golden guiding rule is "Part with it." In the vast majority of instances that is the correct thing to do. I admit that exceptional circumstances do arise when it is better to dally with the ball and to manœuvre for an opening, but, if you are a beginner, an observance of the general rule will pay you best. Nothing can be worse for a team than the selfishness of one or other of its members. Always try to remember that your neighbour is, more than likely, quite as good a player as yourself. Do not keep all the bun to yourself. It is greedy and selfish to do so, and the spectator has a horror and detestation of the man who fancies himself a tin god. Again, no matter how clever you are—no matter how the people round the enclosure cheer your play and greet you by your Christian name, and hail you with "Bravos!"—do not get a "swollen head." Conceit begets selfishness, and I have seen enough of the downfall wrought by both to put you on your guard against two of the besetting sins of youth.

SPEED AND STAMINA.

But I am digressing, since I find myself giving you a lecture

on morals instead of hints on how to play the half-back game. What other qualifications, then, are needed for the man playing either of the outside positions of the middle line? One of the chief is speed and the other is stamina. It will fall to your lot in the game to hold the flying winger. In nearly every instance the outside forwards are very fast runners. If they once get past you, there is nothing for it but to race them, and for this you need speed. This qualification is not easy of attainment. The lethargic and lazy man will not suit at all. To excel, you must go in for running exercise on the football ground on week-day evenings. If the football ground is not available, you must take the road for it. Such exercise will give you speed, and that which is of as much importance—stamina. Believe me, if any man needs the latter, it is the half-back. He must be able to go up the field as rapidly as his forwards, but, if one of the other side's fliers gets possession and races down the touchline, then he must go after him at tip-top speed. Thus he gets a double dose of sprinting, once up the field with his own men and then down the wing in pursuit of the fleet-footed enemy.

THE ART OF TACKLING.

The half-back, too, must learn the gentle art of tackling. Let us imagine that you are playing the position of left-half. Your first duty in defence is to watch the outside-right forward of the other side and incidentally to break up the combination between him and his inside-right man. To do this you must tackle fearlessly. Just as faint-heart never yet won fair lady, so the half-hearted tackle is a thing of precious little utility. When your judgment tells you that your correct play is to tackle, do not wait to debate things: go fearlessly forward. It is my experi-

once that the man who goes doubtfully into a fight gets the worst knocks. Get in front of your opponent, for thus you will retard his progress, even though you do not obtain possession of the ball. If, however, your man gets past you, do not stand thinking the matter over. Go after him. Stick to him like a terrier, the way a Dewar or a Forman would do. You know it is as hard to shake off the terrier as the great big dog. Little George Key of Chelsea is a splendid specimen of the terrier half-back. He holds on like grim death, and never leaves his man until he has parted with the ball.

SHOOT OFTEN.

I have been blamed occasionally for having had during play too many shots at goal. Well, I may be wrong, but I think that our half-backs make a mistake in not shooting more frequently. I think a ball coming at hurricane speed from behind a mass of forwards and defenders is more apt to disconcert a goalkeeper and to take him by surprise than any other kind of shot in the game. It is the unexpected coup which does the most damage, and so my advice to the half-back is: When unhampered up near the enemy's penalty line, have a go at the net. It is wonderful how frequently these chance shots score.

USE YOUR HEAD.

Learn, my dear beginner, to head the ball. The greatest artist in heading I ever knew was McMahon, of the famous Celtic Club, Glasgow. He was a marvel with his head, being able to direct the ball as accurately with it as any other man could have done with his hands. The art of heading is easy of acquirement. Practice will enable you to excel in this par-



Placing the Ball for a Corner Kick.

ticular line. Cultivate it assiduously, for, in those scrimmages in front of goal when the ball comes sailing in from a corner kick, the value of a good "heading" forward is incalculable. There is no use waiting to get your kick in. The other side will see to it that many chances are not given you of getting your foot to the ball, but your head reaches where your feet never would. I shall conclude my article as I began it, by counselling the aspirant to half-back honours to watch the play of our most noted performers in that department. Note how they do things. See how they trick and tackle, and head and pass. Study their every action, and then go and practise what you have seen done. Let your models and patterns be the best. Strive to copy them faithfully, and you must succeed.

HOW TO PLAY CENTRE-FORWARD.

BY A. COMMON.

[If merit always met with its meet reward, Alfred Common, the Sunderland player, now of Middlesborough F.C., would have been full of honours. It was for him that the big Tees-side club paid the record transfer fee, £1,000, and good judges of men and players are not going to pay such a sum for any but a tip-top man. And Common is indeed one of the finest forwards of our time. To him football-playing came as a gift. It is in him to do the right thing at the right time. His play is the outcome of natural aptitude. In his article on "How to Play Centre-Forward," he gives to the beginner the best possible advice and counsel, advice which has been matured by study and experience of the game. What Common does not know concerning his subject is not worth knowing, and he imparts his knowledge delightfully in the present article.]

The greatest artist is the man who conceals his art. If you watch one of our greatest musicians perform—Paderewski, for instance—his every action is so simple that it seems to you that a child could very well execute any or all of his finger movements. In a similar fashion it seemed to me, when I first witnessed G. O. Smith perform on the football field, that



Finish of a Corner Kick from Left Wing.

any child could do that, which I witnessed. He seemed to saunter along with the ball at his toe, just as if threading his way through the opposing defenders was as easy as shelling peas. A tap here and a tap there, a glide, a sinuous twist, and the cleverest of defenders was outwitted. It seemed too absurd for words that some of the best players in the land should be so easily circumvented. Verily, G. O. Smith was one of those conjurers whose tricks looked so simple that the merest tyro believed he could perform them.

Yet therein lay the perfection of his art. Its very simplicity was the outcome of studied practice. The best footballers are those who have given strict attention to training. To excel you must be fit. You may have listened to a pianist who, with the greatest ease, rattled off the Overture to "William Tell." It sounded so easy, and yet, when you gave the matter a thought, you must have realised that this perfection could not be attained until the "Five-Finger Exercises" and "Czerny's 101 Exercises" had been mastered. So is it with the centre-forward's play. The excellence of a G. O. Smith is the excellence of a finished artist, of a man who gave thought and study to the rudimentary principles of the forward game. The simplicity of true greatness is the outcome of diligent application to the early lessons in whatever art is taken up. Therefore, I would say that, if you desire to become the finished artist, you must begin with the rudiments. Accordingly, I say to the beginner, learn thoroughly your A B C, learn your multiplication tables, learn your five-finger exercises, if you wish, in time, to become the expert. No man becomes thoroughly good, or, for that matter, thoroughly bad, suddenly. Your ascent or descent is a matter of gradual development.

BEGIN AT THE BEGINNING.

I assume that you wish to become a G. O. Smith or a Geordie Kerr. The finished article is a thing of greatness, but G. O. Smith and Geordie Kerr—the latter the prince of Scottish dribblers—had to begin right at the beginning, just as you are doing. They had to learn how to kick, how to dribble, how to dodge; and if you would excel, as they have done, you too must apply yourself to a study of the game which you are adopting. But just as every man is not fashioned by nature to be an artist or musician, a sculptor or a painter, so every man has not the necessary natural qualifications for becoming a centre-forward. I do not think that any standard of height or weight can be accepted in this connection. You may be short or tall, or heavy in build, or bantam weight, but poundage and height are minor considerations in the case of a centre-forward. I know that numbers pin their faith to a man of weight, but I contend that the heavy man is often at a disadvantage when compared with the lithe and slippery light-weight. The too heavy man is cumbersome, and consequently lacks the suppleness which goes to make the ideal centre-forward. Any one under the heavy-weight standard is, consequently, fitted for the position. It may be said that because the centre-forward is, generally speaking, a marked man, he needs weight to oppose the vigour which is displayed against him, but I consider that it is easier and better to dodge the attack than to meet it with force against force.

THE ART OF DRIBBLING.

It is said that dribbling is becoming a lost art. I should be sorry to think so. It seems to me that dribbling is a qualification to be cultivated. Apart from its prettiness, I believe in it because

of its great utility. A good dribbler is always an unsettling factor against the best of defence. There is something irritating in an attack which keeps the defence on tenterhooks. A good dribbler always keeps the opposing half-backs and backs guessing. A good dribbler can always draw the defence. Notice in boxing how the clever feint, the strategic side-slip, and the swift dash disconcert your opponent. So is it in football. The cleverness of the dribbler will often do more to disconcert a defending line than a combined attack from the five forwards.

How is the art of dribbling to be acquired? Need I say that constant practice is essential? To be a good dribbler you must have thorough command of the ball. You must be able to control it as if you were manipulating it with a piece of string. To get a thorough command over it, let your practice take the following form. Instead of a football, use a cricket-ball. Even without opponents you can learn to control it. Keep it right at your toe, and see how far you can carry it along without allowing it to get more than a yard in front of you. One of Scotland's finest dribblers learned his art from practising with an old hat. All his science resulted from tricking his fellow-players on the school-ground. With the old hat at his toe he learned the art of disconcerting his comrades by the perfect control he obtained over the battered headpiece. Therefore would I say, Cultivate dribbling. It is not so much a lost art as a neglected one.

THE ART OF PASSING.

Do not, my dear beginner, let dribbling be detrimental to your passing game. Dribbling may so easily beget selfishness. Therefore you must learn the art of passing. Any player can



Finish of a Corner Kick from Right Wing.

get rid of the ball when he is hard pressed, but it takes an expert to get rid of it to advantage. It behoves the centre-forward, then, to be a man of quick reasoning and sound judgment. The one necessarily follows the other. He must learn to take in at a glance the existing condition of affairs in the enemy's lines, and this reasoning will beget the judgment which decides whether a short or a long pass ought to be adopted. In this respect I may quote W. N. Cobbold, the famous Old Carthusian, and one of the greatest lights of the Association game. He says: "As regards actual combination, my firm belief is that a judicious mixture of long and short passing is the most effective. . . . The great object of short passing is to pass quickly and accurately while going at full speed. . . . With regard to long passing, let it be done directly one sees one of the outside men with a clear opening. Oftén, when a good run is being made by one of the wings, the backs on the other side gradually come across, and leave the extreme part of their own side quite unguarded. This is the time for a hard pass—over forty or fifty yards, it may be. With regard to all passing, the man must use his judgment and decide quickly, and always pass slightly ahead of the player passed to."

The chief thing to remember is to pass as seldom as possible, provided that you always do so when an advantage may thus be gained for your side. Remember as a rule not to pass to your outside men when you are close to your enemy's goal, just as it is the safer policy to do so when the enemy is swarming round your own.

ESCHEW SELFISHNESS.

This question of passing brings up the subject of selfishness.

Nothing is so unpardonable in a centre-forward. Self-sacrifice is always a better policy than self-service. Personal ambition and vanity should have no place in his make-up. The interests of his side should govern his every act. It must not be for him to consider who is to get the glory of a scored goal. His only thought should be as to how a goal is to be obtained. If ever you feel tempted to play to the gallery and to try to "score off your own bat," try to recollect that the gallery will be the first to condemn you when you fail to accomplish the end you had in view. Try to remember that there are four other forwards besides yourself, each of whom has got his position in the team because the selection committee considered him a good man. In other words, recollect that you are not the only pebble on the beach.

LEARN TO SHOOT.

One thing I would impress on the budding centre-forward, and it is to learn to shoot. Much may be done at practice, and yet ordinary practice is not everything. It is all very well for you to have the ball punched out by the goal-keeper, and for you to receive it at twenty yards out and to bang it between the uprights. Such practice would be all very well if matters were so arranged that you would regularly receive the ball in similar fashion during the game itself. But things do not transpire in that way when you are engaged in a match. You receive the ball, as a matter of fact, in all kinds of impossible angles. In your practice, then, make it a point of taking your kick from all sorts of positions and with all kinds of obstacles between you and the goal-keeper. Do not manœuvre for position, but try to score no matter how you may be placed. In the game itself,

follow the advice of Mr. Cobbold, than whom there cannot be a better preceptor.

"When the time comes for shooting, the forward should not make straight for the goal-keeper, as then there will be but little room to shoot past him. A good cross shot is the best; and often, too, a shot with the outside of the foot will quite puzzle the goal-keeper, as he cannot tell to which side of the goal it is coming. Some goal-keepers who are efficient at saving lofty shots will often fail at a low shot, and *vice versa*. Therefore let the forward note his opportunity and shoot according to circumstances."

The centre-forward must ever remember that his chief duty is to get the ball towards the goal defended by his opponents. Every movement, every play that he makes should be subordinate to this main idea. "Forward" must be his watchword. Therefore I say, "Do not send the ball backward, even to your own men, when there is even the remotest possibility of getting nearer the enemy's citadel by a forward pass or kick."

STUDY THE WING MEN.

The centre-forward must ever remember that he is the pivot of the attacking line. Round him the other forwards revolve. He must have a thorough understanding of his wing men, a thorough knowledge of their powers and capabilities. He must realise their limitations of speed and skill, and must act accordingly. This is no small matter. It means something more than being a clever football player. It means that he must be a student of the ways and capabilities of his fellow-forwards. At a glance he must be able to tell whether the outside left or the inside right is the man capable, at any given time, of



Back "Heading" Ball up the Field.

advancing the interests of his side. It is waste of time and energy to pass the ball out to a winger who is too well marked to be able to take advantage of your pass. Reason and judgment are as necessary in football as in any business with which you are acquainted. A cool head and a calculating judgment are necessities for a good centre man. The retention of a cool head is a difficult matter for the centre-forward chiefly because he is a marked man. He is the target for the attacks of the defenders, and so I would counsel you not to undertake the duties unless you are of a very equable temperament. You must learn to take hard knocks with sangfroid, because, once you lose your temper, no matter how great the provocation, you are going to sacrifice the cool, deliberative judgment which is necessary for success.

CONCERNING HEADING.

The art of heading is not so necessary in this department, but nevertheless it is an accomplishment which ought to be cultivated. Times there are when you cannot get your feet to the ball. At such times, nothing but the head will prevail. Especially does heading come in handy when your side forces a corner kick. When the ball comes sailing in from the flag-post, there is generally such a skirmish in front of goal, defenders and attackers being mixed up in glorious confusion, that it is impossible for you to get your toe to the ball. It is then that your head will prove of service. If you have learnt by practice how to use it, you may be able to score by heading through. To do this you must have practised and have learnt how to head the ball in the required direction.

A word to young players. When playing centre-forward, do not ramble. Remember that you are the pivot of the forward

line. If you wander, you disconcert the entire attacking line, since it is for you to control the wings of the army. Remember that in all frontal attacks you are the unit to beget success or failure. After all, you are the one to lead the charge. If the leader is out of position, the attack will fail. In conclusion, be unselfish, be militant and be untiring, and, above all things, do not neglect your practice. After all, it is practice which begets perfection.

HOW TO PLAY INSIDE-RIGHT.

BY S. BLOOMER.

[We know not what football has in store for us, but we might safely predict that, come what may, there will never be another Stephen Bloomer. Such a genius can live but once. As inside-right the old Derby County man, now of Middlesborough F.C., has never had an equal, and he has gained more International Caps than any man living. The Football Association, by virtue of his record of International Caps, presented Bloomer with his portrait. That is a unique honour for a football player. We have been fortunate in getting him to prepare this article on the art of playing the position which he understands so thoroughly. The beginner could not possibly have a better preceptor. Bloomer is not yet a spent force and further honours may come his way, but when he does actually retire we shall have lost absolutely the greatest forward the game has known.]

It was with some diffidence that I acceded to the editor's request to supply him with an article telling how the inside forward position on the football field should be played. It may sound absurd for me to say, seeing that I have been fifteen years in the game, that I am not qualified to write on the matter, but such I feel to be the case. Remember that I say this in no self-deprecatory style. I know quite well



Back Volleying.

that I have had my fair share of the honour and success to be obtained in our glorious game. My country's selectors have from time to time signified that they considered me the best man obtainable for the inside-right position. As a human being, there is just enough leaven of original sin and vanity in my composition to make me feel proud of the honours which have been accorded me. And yet I do not feel that I am qualified to give instruction to others concerning the art in which I have, to an extent, excelled.

APTITUDE A GIFT.

This is not to be wondered at. My aptitude for football came to me as a natural gift. Give a certain boy drawing materials and paints, and the best of tutoring, and yet he will never become an artist, no matter how much he studies. Another boy, denied the advantages given to the former, takes to art as a duck takes to water. They say that the poet is born, not made. Why signal out the poet? So is it with the artist, the musician, and down through the crafts to the humble footballer. The Woodwards and G. O. Smiths, the brothers Walters and the Cobbolds, the Needhams and the Commons are born with the ball at their toe. With them it is natural to play the game correctly, to do the right thing at the right time, and to fill with amaze their humble imitators. But when the gift of football is born in you, it is a most difficult task to impart to others the knowledge which you yourself possess. On the football field I am constantly doing all sorts of acts, but, whilst so engaged, it never enters my head to analyse the why and wherefore of my actions. I just do them because the acts spring spontaneously from my

football nature. But now, when I sit down, away from the football field, to set forth in black and white the secret of an inside-forward's success, I am appalled by the task I have undertaken. Give me a ball and come to the football field and I will show you how to do certain things, but how I am to explain in writing baffles me. However, I must begin somewhere, so here goes.

As I have suggested above, the first requisite for an inside-forward is that he has an aptitude for the game and for that particular position in the game which he is going to fill. If you are not constitutionally strong, do not go in for serious football. If, however, you are sound in wind and limb, and wish for a game which will develop your physical powers, then come with me and let me see if you are suited to play the position in which I myself have almost constantly figured since the day I took to chasing the leather with the Derby Swifts. As regards height and weight there is no standard for an inside-right. You may be diminutive or massive, stunted or strapping, puny or portly—these qualifications matter little if you are gifted in other respects. Of course, I would never recommend a player of Foulke's proportions to play the forward game. He is altogether too exceptional a type of player. What I mean is that the lengthy man possesses certain advantages over the short one and *vice versa*, and the heavy-weight has as many drawbacks and advantages as has the feather-weight. Let not considerations of size and avoirdupois, then, weigh with you.

CAN YOU KICK?

Before you play any position on the field you must learn

to kick. That sounds simple, but it is not so simple as it sounds. Any man can make a lunge at the ball with his foot; but something more is required than this. By practice you must know how to vary your strength of kick so that when you are in the game you are able to send the ball to the exact spot which you intended. Most beginners think they have learnt to kick when they propel the ball with their toe. That is the kick of the novice. You must learn, especially when kicking for goal, to do so with the hollow of your boot, that inward curve just in front of the ankle. As inside-right you must learn that lesson well, since your passing to your centre-forward or outside man must be done by the side of the foot. It looks simple when you see a Woodward or G. O. Smith do it. It can become simple to you only by practice.

Let me impress on the beginner to learn to kick with both feet. The "one-foot" forward can never excel. I have noticed players, time and time again, when practising in front of goal, manœuvre the ball so that they may make their shot with their right foot. That is an error to be avoided in practice. Make your shot with whatever foot the ball may come to. In the game proper, the harassing half-backs and backs do not allow you time to select your best method of kicking and shooting.

ON SPECIALISATION.

When you have learnt to kick correctly, find out for what position you are best suited. Your experience in a few games will soon decide that matter for you. Once, however, you have made up your mind what part you are going to play, take my advice and specialise. This is the age of specialists. The "Jack



Goal keeper Drop Kicking

of all Trades" and the "Rolling Stone" should be the guiding proverbs of all footballers. I myself specialised, and I owe most of my success to the fact that I made myself master of the position in which I intended to play, viz., inside-right. Let me assume that you intend following in my footsteps. What are the requirements for your position?

SELF-POSSESSION.

I place first on the list self-possession and control. If you get flurried and worried, not only do you spoil your own play, but you considerably hamper the good work of your colleagues. Particularly is this the case in front of goal. It is there that the cool head and collected judgment are most needed. You may have dribbled beautifully and passed beautifully, and have won the applause of an admiring multitude, but if you fail at the crucial moment the applause is apt to be converted into ridicule, and that will not add to your self-possession. Coolness and judgment will come to you if you will bear in mind that the men to whom you are opposed are only men after all. Some of them may have big names in the football world. That is the more reason why you should not worry. If they circumvent you, well, you have been beaten by a "big pot." If, on the other hand, you outwit the "big wig," the greater will be your glory.

As an inside-right you ought not to have a single streak of selfishness in your make-up. All the world despises the selfish man, and all true sportsmen despise the selfish player. You must ever remember that the centre-forward, on your left, and the outside man, on your right, are as much a part of the machine which constitutes the side as you are. Do not, consequently, hug the ball, and try to score all the goals yourself. No player

is so easily dispossessed of the ball as the selfish one, for the simple reason that the opposing defenders know quite well that he will hang on to it. They have not to concern themselves as to where he will pass it. The selfish man gives them only one course to pursue. They have only to watch him.

THE ART OF COMBINATION.

The art of combination is one which the inside-right must learn. It cannot be taught. It is only constant practice with your fellow-forwards which will beget accuracy in this respect. You must learn the peculiarities of your brother-players and must dovetail your style of play to theirs.

A hint which may sound superfluous, but which really is not so, is to watch the game. Something of the unexpected is constantly happening, and you must be ever ready to snap up any opening which fortune may present. How frequently do we see a winger carry the ball up the touch line and make a pass to his inside man, only to find that the man is not there to seize his opportunity. If ever you realise that you are in a position where you would be unable to use a pass if you got it, you must change your position so as to remedy the defect.

I do not think that our modern players give enough attention to the science of dribbling. In my young days it was looked upon as an art, and an art it certainly is. As such it needs cultivating. As the name suggests, progress is made in dribbles. You must acquire the knack of keeping the ball at your toe even when going at top speed. Learn it on the practice field when you have no opposition. When you can carry the ball along, then extend the scope of your practice and try the dribbling with your fellow-players opposing you. As with dribbling, so with everything else in football, it is practice which makes perfect.

HOW TO PLAY THE OUTSIDE-FORWARD POSITION.

By J. KIRWAN.

[A dainty little winger is Jack Kirwan, Irish International, and talented player for Chelsea F.C. His name first came prominently before the public when he helped Tottenham Hotspur F.C. to bring the English Cup to the South, after its long sojourn in Northern climes. Kirwan has captained the Irish team on many occasions, and it has been for none of his shortcomings that Erin has not yet succeeded in conquering the Sassenach. Kirwan has the bright intelligence characteristic of the Irish race, and he uses it to advantage on the football field. In his article given below he gives much useful advice and helpful hints to the beginner. He has embodied the experience of years in his treatise, which should prove invaluable to the novice.]

I fear that I am courting trouble in undertaking a task wherein the enunciation of dogma affords ample scope for the onslaught of the critic; but I would say at once that, whilst I proclaim a certain standard of merit necessary for the outside-forward position in the football game, I by no means claim that I myself am up to the standard which I proclaim. Rather am I in the position of the fabled preacher who said, "Do not do as I do, but do as I tell you to do." Even on such an understanding I am at a disadvantage, for I fear that as a preacher or teacher I am not gifted



Taking Ball down Right Wing.

with eloquence of tongue or pen. However, I have undertaken a task, and I am in duty bound to see it through.

I fear that I am not much of a philosopher, but nevertheless, in my more thoughtful moments, I feel that the great footballer, like the great poet, is born, and not made. Oftentimes you hear a man described as a born actor, a born general, a born diplomatist, a born humourist, &c. In the same category you must rank the born footballer. His ability is in the nature of a gift. He takes to the game instinctively, and he rides triumphantly over every obstacle to success. Such a one needs no guidance from me. Just, however, as there are but a few shining lights, a few geniuses in art, in poetry, and in letters, and a very big percentage of lesser luminaries, so is it in football. The lesser lights are infinitely more numerous than the brilliant "stars," but, nevertheless, hard work and study can supply an amount of polish to the former which will render them sufficiently luminous to shine in the company of the latter. We cannot all be Bloomers and G. O. Smiths, but we can do the next best thing, and that is, make ourselves colourable imitations of the genuine articles. With this end in view I am penning the present disquisition on how to play the outside-forward position.

THE FIRST ESSENTIAL.

I consider that speed is the first essential for the player who would operate on the wings of the army. In an enveloping movement, such as the Japanese used so frequently against the Russians, the horns or wings of the attacking force were the ones which had to execute the rapid onward movement. In the football attack it is the same. The wings are the speedy units, and the outside wing men are those who must move the fastest.

If you are slow, you allow the opposing halves and backs to nip in and checkmate you. Remember that an intelligent enemy soon discovers your weakness, and, if your foemen are strategists and tacticians, they concentrate their forces on your weak spot. The centre-forward may be slow, and the inside men fairly so, and yet much harm may not result from their tardiness, because by a deft pass to their fleet men on the wings the attack may be well sustained. If, however, the wingers are leaden-footed, an attack cannot be sufficiently pressed home. The first qualification, then, of the extreme wing men is speed.

TO ACQUIRE SPEED.

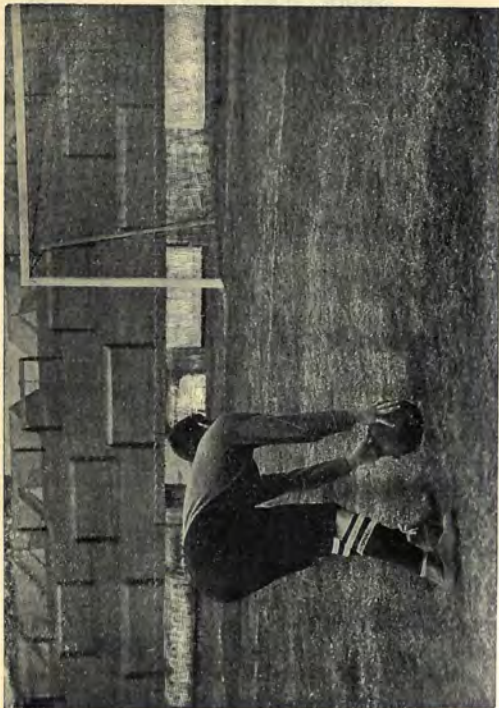
How is speed to be acquired? By good, consistent practice. There is no use depending upon the game itself to bring forth your salvation. Before you step upon the sward you must feel fit enough to do yourself justice in a sprint race. The man who can do the hundred yards in even time is not a product of the moment. He has trained himself for the ordeal by gruelling work on the running track. It must be the same with you. Your sprinting power and your stamina are products of the work of which little is seen. The actor who plays to you at Drury Lane or the Adelphi goes through his part so naturally and easily that you never stop to think of the many rehearsals which were necessary to beget his perfection. If, however, he came on the stage without having given a thought to his lines, his performance would partake of the nature of a fiasco. It is just the same with you. One might as well expect the actor to be letter-perfect in his part had he not rehearsed it beforehand, as for the winger to show his best paces without preliminary practice. If your

heart is in the game, if you wish to excel, you must learn the useful lesson that it is the hard work, done out of sight of the spectators, which will fit you for the trying part which you are to play under the limelight of public observation.

Your first aim, then, must be to cultivate a useful turn of speed. Once you get into form, a few turns on the sprinting path will keep you in condition. But with speed you must generate stamina. In your position you will be called upon to keep almost incessantly on the "go." Again it is practice which begets this necessary qualification, but stamina is not begotten by running exercise alone. Anything which accentuates your powers of physical endurance will be advantageous. Thus, manipulation of the dumb-bells, skipping-rope training, gymnastics, swimming, boxing, physical culture exercises—in fact, anything to beget staying powers can be recommended. Yet one word of advice to the beginner, and that is not to overdo the thing. Too many youngsters, and, for that matter, grown-up people, think that they do themselves good by absolutely fatiguing themselves. There could not be a worse mistake. The man who overtaxes his strength, in any form of athleticism, absolutely does harm to himself.

CONTROL OF THE BALL.

Let us assume that by sensible attention to training you have generated speed and stamina; what is the next qualification for the outside-forward who would excel? You have learnt to sprint. You must now go a step further and learn to do your rapid run the while you keep absolute control of the ball. The sprinting powers of an Athersmith or a Bassett would have been of little use to these wonderful forwards had they not possessed the



Placing Ball for a Penalty Kick.

happy faculty of keeping the ball at their toe the while they careered down the wing at lightning speed. The matter looked so simple to the uninitiated. But that is the way with genius, which is the capacity for making that which is most difficult look as easy as the proverbial "falling off a log." It is impossible for me, or any one else, to explain how such a perfect control of the ball is obtained. Only assiduous practice can teach the art, and, when you learn it, I'll guarantee that you cannot well explain how the thing is done. I know you will blame me for not giving you useful hints and recipes, but what can I say? You have watched the masters of the art. Go to your football ground and emulate their example. At first your attempts to combine speed with control of the ball will appear to you ludicrous. Do not despair on that account. Just keep on trying and you will reap the reward of perseverance. Have you ever had a trick at cards or legerdemain explained to you? You attempt it. At first your manipulation of cards or coins is ludicrous, but after a while you become perfect in working the illusion. So is it with control of the ball. At first your movements are clumsy and unconvincing, but in time you obtain an amount of skill which perplexes the onlooker. So will you find it in controlling the elusive leathern sphere. Here again practice makes perfect.

CONTROL OF THE TEMPER.

After control of the ball comes control of the temper. No man ever excelled in any sport or pastime who had not a complete mastery over his temper. Anger is the enemy of reason and judgment, and so I contend that the best training for the footballer, no matter in what position he plays, is that which produces an equable disposition. This characteristic is specially

needed in the case of an outside-forward. He it is who will receive the special attention of the defenders. Too often a back or half-back thinks that the best way to stop a flier is to bundle him off the ball, and the methods adopted are none too lamb-like and gentle. It is not, I admit, a pleasurable sensation to be charged again and again by a man a stone or two heavier than yourself. It is far from enjoyable to find yourself a target for the heavy charges of your adversaries. But, do you gain anything by letting loose the floodgates of your ire? Not at all. By so doing you sacrifice judgment to vindictiveness. When you do that you make a tacit admission that you are beaten. Such an admission is against the canons of sport.

WHAT IS A STRATEGIST?

One of the most necessary qualifications for an extreme wing man is adaptability, the secret of suiting your play and your tactics to the ever-changing vicissitudes of the game. It was the poet Pope who wrote :

"Or with the occasion and the place comply,
Conceal your force, nay, sometimes seem to fly."

You are not a strategist when you have only one set of tactics. The methods which will enable you to outwit a Bonthron may be totally unavailing against a Howard Spencer, and so you must learn, and that early in the game, what procedure is best under existing circumstances. If you find that you are fleet-footed enough to out-distance the back in a sprint, your game may be to tip the ball past your opponent and then outpace him. On the other hand, you may find a back opposed to you who is practically as speedy as yourself; then you must look to your

inside man and centre-forward to combine with you in non-playing the defence. The great thing is that you must cultivate judgment sufficient to note the weakness of the enemy, and then you must adopt measures to make that weakness your strength. You must recollect that a player who has but one course of procedure is soon summed up, and it is easy for his opponents to checkmate him. Just as in chess or draughts the man who indulges in but a stereotyped kind of game is soon understood by his opponent, so in football the player who does not develop originality of opening and attack is soon understood and mastered by his antagonists. It will be well, therefore, for you to cultivate originality of procedure. Remember that it is the unexpected movement which perplexes the enemy. You must vary your attack. On one occasion you may outwit the full-back by giving the ball a deft touch past him and then beating him in a sprint. The next time he is looking for you to repeat the operation. Instead, you tap the ball to one of your own forwards and then get into position to take the return pass. Again, you may carry the ball right up to the full-back and then suddenly pass back to one of your half-backs. The great thing is to vary the nature of your attack so that the opposing back may be kept guessing all the time as to your intention and play.

THREE STYLES OF PLAY.

The outside man must also remember that there are three styles of play—(1) That of the individual, (2) that of combination, and (3) that of collectivism. I have spoken above of the individual play. That of combination means the blending of your style and method with those of your fellow-players in the forward and half-back lines. A side which combines well will



Goal-keeper Ready to Receive a Penalty.

always beat a team of individual stars. The whole secret of combination consists in remembering that you yourself are not the only player on your side, and that your aim must ever be to dovetail your work into that of your fellow-players. You must understand their peculiarities, their powers, and their limitations, and knowing these you must, when you get the ball, so play in conjunction with your fellows that the greatest possible good may accrue to your side. Selfishness must be "taboo" to you. Remember that selfishness never pays in the long run. By trying to score off your own bat, as they say in cricket, you may gain a momentary, fleeting glory. Lasting glory comes from unselfishness.

Collectivism is purely an accentuation of combination. Combination is the art of associating yourself with the doings of your immediate colleagues. Collectivism is the science of subordinating your personal prowess to the welfare of the entire team. You must remember that you are but a unit, after all. You may be a very powerful unit, but you are only one of a team of eleven. Your own peculiar style may fit you to attempt this, that, or the other play, but you must recognise that your individual brilliancy can only be of service if it is in harmony with the style and method of the entire team. Oftentimes, then, you will find it necessary to sink your individuality, to sacrifice your peculiarities, to adopt a style foreign to your nature because your individualism does not blend harmoniously with the collectivism of your side. In other words, you must model your procedure so that you play a game suited to the requirements of your team as a whole.

LEARN TO SHOOT.

Shooting for goal is done, as a rule, by the inside men, but the

outside forwards, nevertheless, must learn this splendid art. Time and time again it will pay you to send in a slashing shot. These shots from the wing are particularly dangerous because they come, as a rule, from a very oblique angle. They are most perplexing to the goalkeeper, and, even though they only hit the upright or cross-bar, they rebound in such a way that an opening is created for the inside men. These wing shots partake of the nature of a good centre with the added advantage of flurrying the goal-keeper. In fact, your motto should be, "Get the ball into the centre, and the closer you get it to the defending goal-keeper, the greater the chance of your inside men scoring."

One word more before I conclude. You may be either outside right or left. No matter which position you occupy, you should learn to kick with either foot. In the game itself, your opponents will not allow you the opportunity of choosing your method of shooting. So you must be able to kick instantly with either foot. You can learn the secret of kicking accurately with both feet by practising the art at practice.

However, pen descriptions can never teach you the science of the game. More can be learnt by example than by precept, and so my advice to you is to watch the exponents of the game. Note their methods. Make a study of the best players, and then try to emulate their example in practice and in the game.

ADVICE AND HINTS TO THE YOUNG FOOTBALL PLAYER.

BY JOHN CAMERON.

[No more talented player ever came over the Border than John Cameron, who is now manager of the Tottenham Hotspur F.C. He was a member of the famed North London team which brought the Cup South in the season 1900-1. He, more than any other, was answerable for this result, since it was he who introduced the classic style of play which made the Spurs a puzzle to their opponents. It was with the famous Glasgow club, Queen's Park, that Cameron first leapt into fame. Then he played for Everton, but it was with Tottenham Hotspur that he made his name a household word. He was the best type of brainy player, and now that his playing days are over, he is using that highly-developed brain of his for the good management of the famous North London club. He is a rare judge of character and of men, and is a counsellor whose advice must be always treated with respect. You will be convinced of this when you have read the following article from his pen.]

If there is one piece of advice, one helpful hint, which I would emphasise more than another it is *do not make Football your business*. As a recreation, a strength giver, a manly pastime,



Finish of a "Penalty" Kick.

it cannot be excelled, but football as a profession should be avoided. It is the most precarious of callings. In it a man may be at the height of his fame to-day. An unlucky kick, an awkward fall, and to-morrow may see the end of his career.

My own case may be cited as an example of argument to the contrary, when I thus deprecate football as a business. I'll readily admit that I have been very fortunate. My playing days over, I find myself in a comfortable billet in connection with the game. That is very true, but against my case I could cite, I may say, hundreds of footballers, who were players of my time, and who would now be glad to accept the wage of the ordinary mechanic. Remember, I am not claiming any merit for myself because "I am not as others." The fact of the matter is that I have been one of the very few fortunate ones. I remember my friend Mr. Pickford writing in the *Morning Leader* on this very topic, and telling of the old professional players who, great men in their day, now hang round the football grounds on the chance of receiving a "bit" for the sake of the days gone by.

THE GLAMOUR OF THE GAME.

I know there is a glamour surrounding the personalities of our great players which attracts the youthful as the light attracts the moth. To me as a boy up in Scotland there never had been such heroes as Charlie Campbell, of Queen's Park, and Geordie Kerr, and the brothers Vallance, of the Rangers, and Doctor Smith, and McAulay, and McKinnon, and Gillespie, all of whom are but names to the present generation. Not even Robert Bruce and William Wallace, with Bannockburn and Stirling Brig to

their credit, could hold pride of place in my affections. To me the great footballers were demi-gods.

And so I warrant it is now. The Bonds, the Shepherds, the Ashcrofts, and the Williamsons are idols to be worshipped, to the youthful footballer. Do not be led away, my youthful friend, by the glamour and glitter of things as they seem. It is all very well to receive the bouquets and the flowers, the cheers and congratulations, but these things are ephemeral, and you realise it when you have been in football as a business for a very short time. In your calmer moments you pause to consider things. You say to yourself, "Ten years is a lengthy career for a professional player. After that, the reserve team. After that, what?" Yes, what? A pity it is that the old professional cannot live on the cheers and applause which one time greeted the well-shot goal. But recollections, be they ever so sweet, will not put bread and butter on the table and a leg of mutton in the larder. Go out and watch your favourite player this afternoon. As you applaud his pretty play, pause to ask yourself the question, Where will he be ten years from now?

A POPULAR MYTH.

Please do not run away with the notion that I expect all old professionals to end their days selling matches and bootlaces. Such is not my meaning. What I would say is that the plums are so rare in professional football that the game, as a business, is not worth adopting, unless you combine with it another trade or calling. My youthful critic will say, "Oh, but I'll get four pounds a week wages, and in ten years I'll save enough to start some other business." My answer to that is, who told you that you would get four pounds? There is a popular impression that

nearly every paid player draws the maximum wage. That is a mistake. I know of a good team which last year did not pay a single one of its players more than two pounds ten. Apart from that, however, how are you to guarantee yourself a ten years' career? Be you ever so gifted and clever, an accident may at any moment put you out of the game for ever. Moreover, each succeeding year sees the addition of hundreds of talented players to the ranks of professionalism. Youth will be served, and your position on a team is never sure for a single season. In point of fact, you may take it from me that the calling is distinctly overcrowded.

HAVE A TRADE.

Let me assume, however, that you have a distinct bent for football. You feel that you are gifted and talented enough to make a first-rate professional football player; your inclination is towards the game, and your heart is in it; you feel that you could distinguish yourself chasing the elusive sphere. Very well. You are approached by the Villa, or by Glasgow Rangers, or by some other club, to sign a professional form. If you do so, take my advice, and make such terms and arrangements that you may continue the exercise of your trade or calling. If you are a good man there will be but little difficulty in arranging matters so. I know quite a number of players who follow their ordinary avocations the while they are professional members of a big club. To cite but two, we have the cases of McCombie and Common, both of whom attend to their ordinary business, in addition to playing football. In fact, club directors prefer men who have a trade, or profession to fill in the great amount of spare time which the paid player must have on his hands. It is a recognised



Back Ready to Tackle.

fact that the great trouble with the professional is that he has too much leisure. If he has nothing to engage his attention, there is always the temptation existing for him, of the saloon bar and the billiard room. Only too many players have had their powers impaired and their careers ruined because they had too much time in which to do nothing. Therefore, I say, if you decide to adopt football playing as a career, always have some other business on which you can fall back when the occasion arises.

"A good name at home is a tower of strength abroad," and I have invariably found that the professional players who have earned the greatest respect, both on and off the field, are those who have not allowed the glamour of fame to blind them to the stern requirements of life. I recollect reading an article by Sandy Tait—surely one of the steadiest and headiest players that ever donned a football shirt—wherein he dealt with this very question of professional players having a trade or profession to fall back upon. He cited the instances of Walter Bull, Charlie O'Hagan, and Alec Glen having attended evening classes with a view to preparing themselves for the serious business of life. If I could only impress upon beginners to take pattern from these men I feel that I would have done something for the benefit of the game I love. Play professional football if you like, but learn a trade that it may keep you out of temptation.

SOME TEMPTATIONS.

The worst temptation a beginner has got to face is that of drink. When you become a popular pet your admirers think that they can best show their appreciation of you by buying

you beer and Scotch-and-soda. To many of your fatuous admirers it seems an honour to be allowed to pay for your drinks at the "Pig and Whistle." Men who know you solely by having seen you play for their favourite team will love to brag how they met "Jack So-and-so" or "Tom So-and-so" who played so well in the Cup Tie, and had several drinks with the said Jack or Tom. Beware of such admirers. Such hero-worship, at best, is very transitory. When your playing days are over, free drinks will not be so plentiful. I am not a preacher of teetotalism, much as I admire the teetotaller. I have met splendid players who were total abstainers, and equally splendid players who were what I would call moderate drinkers, but I have never yet met a heavy drinker who could be said to have been a lasting success in professional football. These drinkers may last for a time, but invariably they shorten their career, and, when the playing pitch knows them no more, we find them amongst those whom Mr. Pickford quotes as haunting the entrances of the football grounds in the hope of borrowing a bit. Borrowing indeed! Too often it is a case of begging.

BEWARE OF BACCHUS!

Nor is it the grand stand admirers alone whom the young professional has to guard against. I do not think he is anything so dangerous as the old player who worships at the altar of Bacchus. The beginner is only too apt to be led by the old stager. To the novice it is a sort of an honour to associate with a man who has already made his name, and so an invitation to come across to the "Red Lion" and "have one," or to "run in to-morrow and have a game at billiards" at the "White

Horse" is an allurements which too often is not recognised in its true light. Tread warily when you first join the professional ranks. It was the old Latin poet Ovid who wrote, "Withstand beginnings; too late comes the medicine when the evil has grown strong through long delays." It is far easier to say "No" at the commencement than when you have got into the habit of saying "Yes." Begin with "No" if you are wise.

THE STRENUOUS LIFE.

The beginner must recollect that the professional's career is not all honey. It may seem, at first glance, that the player who performs in only two games a week has an easy time. But has he? Apart from the fact that he may be badly kicked or maimed in any match, he must keep himself absolutely fit by a severe course of training. In ordinary trades or professions a man may indulge himself in all sorts of enjoyments and pleasures, and yet be successful in his calling. In professional football the player must lead a Spartan life. He must keep in condition all the time, and so a hard course of training and of self-denial must be his lot for eight months out of the twelve. Therefore, if you are not prepared to forego many of the pleasures of life, and to make yourself a sort of machine to be wound up and kept going quite independently of your own wishes and inclinations, a football professional's career is not for you.

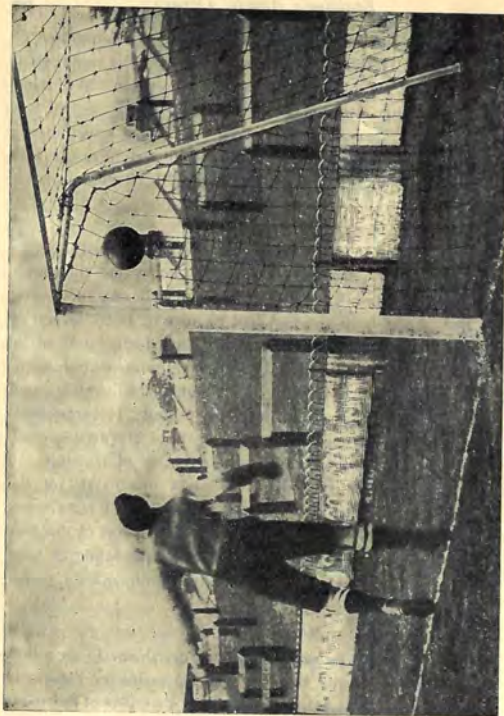
WATCH AND PLAY!

However, I may be going ahead of my theme in an article which should comprise hints as well as advice for the young football player. Much has been written by critics of the game concerning the tendency of the youth of the present day to

watch the game rather than play it. Personally I do not like to see boys giving over their Saturday afternoons, which ought to be devoted to health-giving exercise, to the passive enjoyment of witnessing others perform. I do heartily agree, however, with the young fellow who occasionally watches a good class match that he may make a study of the play of the masters of the game. He goes there to learn, to see how things should be done, and he utilises the knowledge thus obtained in perfecting his style and methods. Such procedure is praiseworthy. The youthful spectator who is also a student will ever have my best wishes for his success. There is no more manly pastime than football. It is essentially a British game which brings out all the best points and characteristics of the British character. It teaches pluck, endurance, and resourcefulness, and begets physical strength and stamina which will stand you well in the ordinary battles of life. I have seen the weakling made strong by a course of football, but to reap its benefits you must not overdo it. Do not live for football. Let it be solely a recreation which will fit you for better tackling your studies or your trade.

DO NOT ATTEMPT TOO MUCH.

The great mistake made by youth is in trying to do too much. A young fellow may promise well in his play and forthwith he is invited to join a club whose members are much older and bigger than himself. In striving to show his capabilities in such an instance he is apt to overtax his strength. Far better is it to play with young fellows of your own age and size, and so develop your powers of endurance ere you take on the stiff encounter for which you are physically unfitted. In time you will develop the strength and stamina needed, but



"Heading into Goal."

take my advice and begin warily. In your early days never play so hard that at the end of the game you are exhausted. The exercise which begets exhaustion is distinctly harmful, and it is in youth that folly most frequently sows its seeds. Play, then, with lads of your own age and play so that you feel physically benefited after every match.

GOVERNMENT OF TEMPER.

One little bit of advice, which will do for players of all ages, is to cultivate an even and equable temper. You will need it on the football field. The man who cannot control his temper when he receives the hard knocks of the game ought not to participate in it at all. It is better to give than to receive when it comes to a matter of a kick on the shin or a dig in the ribs, but you must be equally prepared to receive as to give. To learn to meet "the slings and arrows of outrageous fortune" with a smiling face is to cultivate a character which will stand you in good stead in the strenuous warfare of life.

It is not my intention to give you any hints as to how to play the game. The other writers in the handbook—and better authorities could scarcely be found—will do that, and so I shall conclude with a little advice on general matters. Many youngsters when they finish a match continue to wear their football clothes for the rest of the day. That is a great mistake. By so doing they are inviting chills, influenza, and pneumonia. When you have done playing do not continue to wear any article of apparel in which you played. Change into your ordinary clothes, and see that your football knickers, shirt, and hose are properly aired before again playing in them.

COMFORTABLE CLOTHES.

Whilst on the subject of clothes let me counsel you to wear only the garments which fit you comfortably. *Apropos* of this, I can never recall the first match in which I played without a smile. It was when I was a laddie at school up in Scotland that, by a penny collection, we were able to purchase a ball. When I went home and told my mother that I was selected to play on the Saturday for one of the teams, the old lady felt pleasurable pride in the honour which had been conferred upon me. Now she knew as much about football as a cat knows about the hieroglyphics on Cleopatra's Needle, but she was determined that I should go forth in raiment which would redound to the credit of the clan Cameron. Therefore Saturday saw me arrayed in my Sunday clothes and, tell it not in Gath, the dear old soul had starched my shirt-front and cuffs. When my coat and waistcoat were doffed for the fray a more glossy-fronted warrior than I never faced the foe. It was the stiffest game I ever played, and I was proud of that shirt-front. For a time I guarded it from harm, but eventually the wet and muddy ball landed fairly and squarely on my chest. I could have wept for the desecration of that beautifully-laundried shirt, but realising that the harm was done I hustled into the game with a vengeance, and before its finish there was more mud than starch in my make-up. We won, but all the glory of victory was dimmed by the look of horror on my mother's face when she saw my cuffs and shirt-front. I think that the dear old lady had confounded football with croquet.

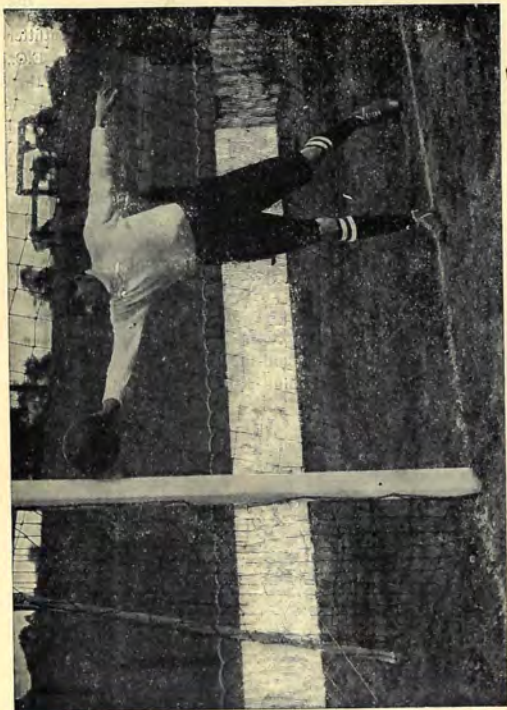
I have told this tale to point a moral. Wear clothes which are comfortable, and particularly must this be the case with



A Shot at Goal from the Left.

your boots. Get your boots from a reliable athletic outfitter (A. G. Spalding & Bros., 53-55, Fetter Lane, London, E.C., carry a most complete line of football shoes, which they absolutely guarantee), and when you have got them, guard them carefully. Well do I remember my father hiding mine in my youthful days, so that I should not be able to play. I borrowed my brother's, two sizes too large, and came in for a double dose of whacking, one lot from an exasperated parent, the other from an outraged big brother who could not find his boots for his own Saturday game.

My last word to beginners, and, in fact, to footballers generally, is "Play the game." Never let your conduct bring discredit upon it. Its enemies are ever waiting to raise their voices against it on the slightest pretext. Take the best men for your models—the G. O. Smiths and the Woodwards—who play the clean game. Stoop to nothing shady and you will be esteemed by friend and foe alike.



Goalkeeper Saving a Shot from the Left Wing.

A CHAT ON MANY FOOTBALL TOPICS.

By J. A. McWEENEY ("McW." of *London Football Star* and *Morning Leader*.)

[J. A. McWeeney, who contributes the following article, is better known to the Southern football world as "McW." of the *London Football Star* and *Morning Leader*. He thrives on football nourishment, and has done so since the days when he used to play the game in Scotland. He has played, too, in England and in France, and even in Southern Italy. Football is his best love, but after football he knows of no game so entrancing as baseball. In fact, he is one of the Organising Secretaries of the British Baseball Association and contends that the game will, in less than ten years' time, be as popular as his beloved "Soccer." He is working hard for such a consummation. His hobby is the writing of very wicked poetry, which he gives to the world under the titles of "Bad Ballads" and "Odious Odes." He does not allow his innate modesty to stand in the way of his business success, and that is why he is editing the present book.]

As an ardent lover of the best of British sports, and that is football, I oftentimes feel wroth when I read the criticisms of it from the pens of those who know practically nothing about it. Thus, a year or two back, one of our leading actor-managers took the British public to task because

it patronised the football games rather than the theatres on Saturday afternoons. To him it was lamentable that youth should give more attention to sport than to art. Here, in passing, let me say that we hear far too much nowadays of theatrical art. Not one man in a thousand goes to the theatre to be educated. We go, one and all, for recreation and amusement, that our minds may be distracted for a time from the stern realities of life. Therefore it savours much of cant when I hear the actor say, "Come and see me and be educated. Do not go to the football game which is debasing and brutalising." To him I reply, "Why go to the stuffy theatre and breathe vitiated air simply to see a number of men and women playing the parts of other men and women, when I can breathe the fresh air of heaven and watch actors, just as clever and artistic in their way, play their parts on the football field?" Time and time again as I have passed down the Strand on a Saturday afternoon and have seen the anæmic and neurasthenic youths waiting for the theatre doors to open I have regarded them with sorrow. Those weak-kneed, spineless, pale-faced youths had better far spend their afternoon chasing the leather, or, failing that, filling their lungs with pure air whilst watching a match. It is all very well to prate of theatrical art. Candidly speaking, I have never met much of it. I have written a little for both the theatre and the music-hall, but always with the view of amusing rather than of educating, and that, I contend, is the aim of 99 per cent of the writers.

Holding, as I do, that the theatre exists almost entirely for recreation and amusement, I cannot see wherein it is one whit better than the football field, and I love not the actor-

manager who condemns our sport without knowing anything concerning it.

The argument is adduced, "How can you expect good sport from paid players?" You might as well say, "How can you expect good acting from hired mimes?" A football match is as much a spectacle as is a Haymarket or Adelphi play, and the players are the actors who serve up our entertainment. Amateur theatricals are very well in their way, and so is amateur football, but to get the acting of a high standard you must pay your professionals. They play for pay, it is true, but that is the very reason why they give us of their best. Like the actor, the paid football player may soon be out of a shop if his ability desert him. There are constantly springing up fresh artists all eager to appear before the public. They are pushing out the worthless ones, and so you may take it that the paid player gives of his best because the game means bread and butter to him. The amateur may be lackadaisical or dilatory because he has nothing at stake. Not so the professional. He must always be up to concert pitch to keep his place in the team. Fault is found with football because the various clubs all over the country are not run with home-bred talent. Thus, for instance, Middlesboro' or Manchester City, Tottenham Hotspur or Fulham, may not employ any local players whatever. To that I again reply that football is an entertainment. When Beerbohm Tree produces "The Winter's Tale" does he draw his caste entirely from London? Certainly not. He selects his actors and actresses on account of their ability to play certain parts. What does it matter to him whether his selections hail from London or Liverpool or from Sheffield or Newcastle? He is providing a certain entertain-

ment, a certain spectacle for those who care to pay their money to witness it. The better the caste the more chance of success, and the greater the surplus in the treasury. It is just the same with football clubs. They are supplying an entertainment, a play, as it were, for all who care to pay to see it. As the actor-manager selects his actors, so does the club manager select his players. His aim is to get the best possible set to give satisfaction to his patrons. Then why should any one grumble at the importation of players from towns or districts other than their own? They do not grumble at Newcastle when George Alexander brings his play there from the St. James's Theatre, London. We do not raise the cry of "Support home talent" when Caruso comes to London. We want the artists to entertain us, and we care not whence they come. Then why should it be otherwise in football entertainment?

Let us here change the topic. Critics of the game, even clergymen amongst them, are never tired of telling us that football usurps too much of our leisure time. We are told that we could be better employed, in reading or gardening or some other profitable pastime. That may be so, but I contend that football has done more than any other agency to lessen the evil of drunkenness. Too often the mechanic and workman does not indulge in a hobby. Hard graft during the week is hobby sufficient for him, and on Saturday afternoon he looks for a pastime. I can remember the time when the rule of the worker on leaving the factory or shop was to make for the public bar, there to meet his boon companions and fellow-workmen. One drink used to lead to another, and the money which ought to have been taken home to the wife was too often squandered on beer. Football has worked a marvellous change

The "Splits" — Intercepting a Pass.



in this matter. The workmen and mechanics who follow the fortunes of their club rush home to snatch a bite of something to eat before proceeding to the match. During the game there is precious little opportunity for drinking, and when the game is over it is time to hustle off home to tea. It can be seen, then, that football by claiming its devotees on Saturday robs the public-house of much of the patronage which it used to have. Very rarely indeed will you see a man drunk at a football match.

As with the spectators so with the players. I do not mean to say that there are not certain black sheep in the fold, but it is wonderful what temperate lives are lived by our football professionals. A better type of player has been evolved too, and we have only to contrast the teams of to-day with those of some years back to be convinced of it. The days when teams used to raise riot in the hotels at which they stayed, when night was made hideous and sleepless by the din of bolster fights and horseplay, are gone. Saunter into the hotel where one of our professional teams happens to be staying, and you will meet a set of healthy-looking young fellows, muscular and well developed, whose conduct is all that could be desired from a set of University athletes. The football professional in nine cases out of ten knows how to behave like a gentleman. Never was I more convinced of this than when I met the Spurs and Woolwich Arsenal players on their travels. I found them gentlemen in every respect.

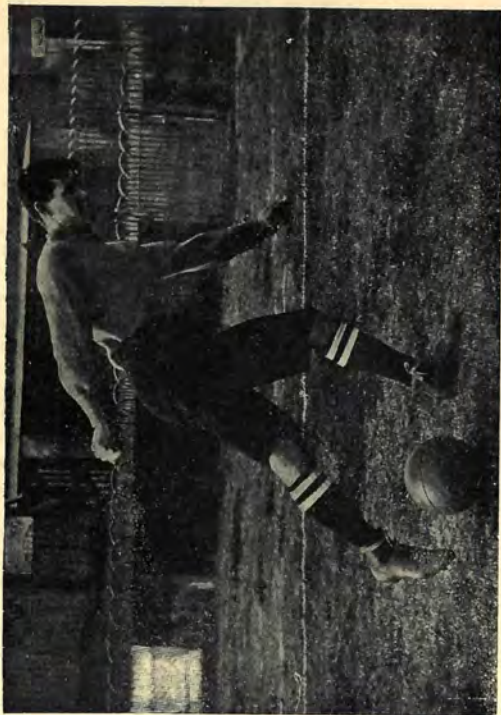
Once again let us change the topic. Let us discuss another matter which is ever bobbing up in football controversy, and that is, Has the quality of our football deteriorated? Nearly every writer who knew the players of the game twenty to thirty years ago, contends that it has, but, nevertheless, I will not have

it so. It is in nearly every man's nature to be what Horace called "laudator temporis acti se puero" (a praiser of the good old times when he was a boy). Early impressions, as you know, are the most vivid and lasting. I can remember so well as a boy, gazing upon the town hall of the little Scottish town in which I was born, and considering it a grand and imposing building. The streets, too, seemed, to my youthful eye, long and broad and beautiful. Then I went to college in Aberdeen. Returning, some three years after, to my native place, how shrunk and shortened seemed the streets, how mean and insignificant looked the town hall. Of course I know that my earliest impressions were erroneous, and yet, do you know, when I think of my native place, I invariably remember it with all the imposing grandeur with which my boyhood's fancy first clothed it. So is it with the critic. His memory may carry him back to the days when Queen's Park, and Vale of Leven, and Dumbarton, and the Rangers were making football history in Scotland, to the days of McKinnon, Doctor Smith, McClintock, Charlie Campbell, Geordie Kerr, Gillespie, and the brothers Vallance. To me it sometimes seems that I never knew such a centre-forward as Geordie Kerr, such a prince of half-backs as Charlie Campbell, and yet I know, when I sit down to reason out matters, that I have seen many players, since those early days, who have quite outclassed them. The fact of the matter is, moreover, that we are too apt to form our judgment of football in the past by the individualism we remember. The Cobbolds and the brothers Walters impressed us as being giants of the game, and because they were individually brilliant we write down the football of their period as brilliant. There is not, nowadays, sufficient room on the stage for all who deserve the limelight. You may pick out certain individual

players of the past, and say, "There! I defy you to match them." It may be that I could not do so, but I hold the opinion most strongly that better all-round football is being played now than ever before. The individual players and individual teams shone in the past because there was room on the stage for their display of heroics. Nowadays we have a plethora of heroes, and universal excellence begets in our minds an idea of squat mediocrity.

The question is often put, "Which is the better game to play, football or cricket?" Why not both, seeing that one will keep you in condition for the other? We have many players, both amateur and professional, who are as clever in chasing the elusive little ball as hunting the equally elusive big one. Thus we have Jack Sharp, of the Everton team, who fills in the summer months playing cricket for Lancashire. As a cricketer he has much distinguished himself, and may be relied upon as a rule for a good supply of runs. His clubmate, H. Makepeace, promises to make a name for himself in Lancashire cricket. J. Iremonger, of Notts Forest, has made a name for himself greater, if anything, in cricket than in football. Vivian Woodward, of the Tottenham Hotspur club, is a wicket-keeper who might well be given a trial in that position for his county. Underwood, of Brentford, is another who excels in both pastimes. The Fosters of "Foster-shire," known occasionally as Worcestershire, E. W. Dillon, C. J. Burnup, P. R. May, and S. H. Day, are names which come to my memory of football players who excel also in the summer pastime. There are very many others I could mention, but the above must suffice.

A new game is springing up which deserves the consideration of the football player. I call it a new game, but, in point of fact,



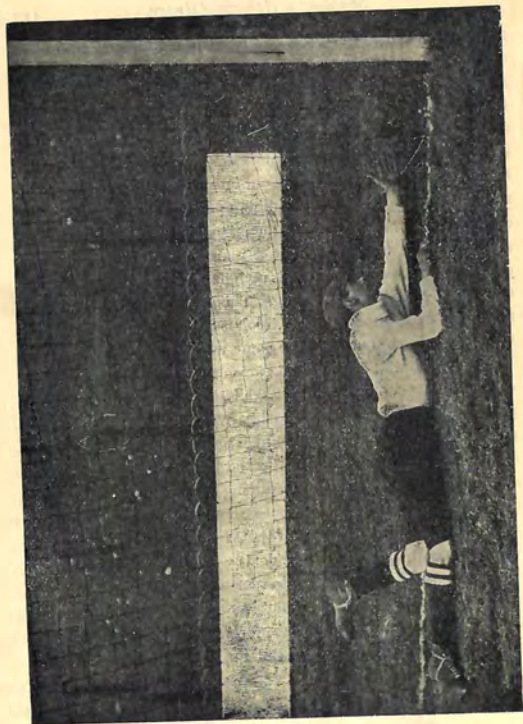
Dribbling the Ball.

it is a very old game indeed. It is baseball, a game which has been developed on scientific lines from the rounders of our boyhood's days. It has caught on in the South, and I see no reason why it should not fare well in the Midlands, the North, and in regions beyond the Tweed. It is a game peculiarly suitable for the football player, and I remember how in the old days it was played, and played well, by such men as Bloomer, Jack Robinson, the great goal-keeper, Trainer, the famous Preston North End custodian, Denny Alsopp, who played for Notts Forest, and others. In London it is now being played by such well-known football lights as Walter Bull, Jack Brearley, Johnny Dick, "Doctor" Holmes, Bellamy, Theobald, Steel—late of Glasgow Rangers,—Eames, Whyman, Oliver Burton, and other well-known men. All of them are enamoured of the game, and declare that it is the very thing required to keep them in condition for the winter's game. No pastime could be easier to learn, and it is not necessary to begin it in the days of your youth to excel in it. Already such men as Bull, Holmes, and Brearley play it as to the manner born. Any one anxious for further particulars, is requested to write to me, care of The British Sports Publishing Company, 2, Hind Court, Fleet Street, London, E.C. Mr. W. McGregor, father of the English League, is taking an active interest in introducing baseball. If it is taken up seriously by the leading football clubs, I prophesy a great future for it in Britain. Like football, it is a game of rapid movement and quick kaleidoscopic changes. It is all movement and life, and, being so, it will appeal to the football spectator far more than will the more lethargic cricket.

Once more changing our topic, let us chat concerning the improvement of the game. I am one of those who believe that

it has not yet reached its full development. It is very well to sit down and view the game and to say that all is perfect with it. For one thing, the off-side rule must sooner or later be amended. It is very well to say that the rule is easily understandable. It may be so when you are working out matters by diagrams and explanations, but in the hot contest neither player nor spectator has the leisure to reason things out on strictly logical lines. The result is that the constantly pulling up of men for being off-side detracts from the interest and the enjoyment of the game. For my own part, I would rule that a player could not, under any circumstances, be off-side in his own half of the field, that is the half which his side is defending. This arrangement would check the one-back method of play, which is irritating to the on-looker because of the stoppages in the game which its adoption necessitates. Again, who can say that eleven men on each side is the correct number to give the best exhibition of football? Is it not possible that the field is just a trifle overcrowded. Why should not the game be played by nine men on each side, a goal-keeper, a back, two half-backs, and five forwards? Do not brand me as a heretic and schismatic for advancing such a suggestion. It is, after all, merely a suggestion, but I should like to see the nine-men-a-side experiment tried all the same. The play, I believe, would be more open, and more goals would be scored, and goal-scoring is what spectators like to see.

There are various other topics on which I would like to discourse, but limitations of space forbid. For instance, there is the maximum wage question. But no, I will not start on it, as I should need many extra pages to deal with the pros and cons of that vexed topic.



"Goal"

DEFINITION OF TERMS

- Place kick.** A **PLACE KICK** is a kick at the ball while it is on the ground in the centre of the field of play.
- Free kick.** A **FREE KICK** is a kick at the ball in any direction the player pleases, when it is lying on the ground.
- Referee to signal.** A **PLACE KICK**, a free kick, or a penalty kick must not be taken until the Referee has given a signal for the same.
- Carrying.** **CARRYING** by the goal-keeper is taking more than two steps while holding the ball, or bouncing it on the hand.
- Knocking on.** **KNOCKING ON** is when a player strikes or propels the ball with his hands or arms.
- Handling.** **HANDLING AND TRIPPING.**—Handling is intentionally playing the ball with the hand or arm, and Tripping is intentionally throwing, or attempting to throw, an opponent by the use of the legs, or by stooping in front of or behind him.
- Tripping.**
- Holding.** **HOLDING** includes the obstruction of a player by the hand or any part of the arm extended from the body.
- Touch.** **TOUCH** is that part of the ground on either side of the field of play.

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THE ONLY OFFICIAL ASSOCIATION FOOT BALL

An old favorite—just as popular as ever

THE SPALDING OFFICIAL No. L ASSOCIATION FOOT BALL

The ease of our No. L Ball is constructed in four sections with capless ends, neat in appearance and very serviceable. Material and workmanship are of highest quality and fully guaranteed. Each ball is packed complete in sealed box, with pure Para rubber guaranteed bladder, foot ball inflater, rawhide lace and lacing needle. Contents guaranteed if seal is unbroken.

No. L. { The Spalding "Official" } Each, \$5.00
 { Association Foot Ball }

THE SPALDING NO. H ASSOCIATION FOOT BALL—An Association

Foot Ball that is right in every particular. Made in the improved style with eight sections and "black button" ends. This constitutes strongest construction known for a round ball. It is made of special English leather and in every way conforms to the balls used by the best teams on the other side. Each ball is packed complete with a pure Para rubber guaranteed bladder, a foot ball inflater, rawhide lace and a lacing needle, in sealed box, and contents guaranteed perfect if seal is unbroken.

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THE SPALDING GUARANTEE

means that we stand back of our promises to deliver a perfect article. We do not guarantee against abuse or ordinary wear. In a foot ball, if there is any imperfection in material or workmanship not apparent upon first inspection, it will certainly show during the first game or in preliminary practice, and, if it does, the ball should be returned to us at once. We will not replace any ball that shows from its appearance that it has been abused or one that has simply been worn out. Date of purchase must be stated when claim for replacement is made.



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SPALDING EQUIPMENT is used by practically every "Soccer" team in the United States and Canada, in addition to many of the more prominent teams in the British Isles. Quality of material and finish of every article absolutely best.



Spalding Association Foot Ball No. O

No. O. Regulation size, extremely well made and will give excellent satisfaction. The case is made of best grade English leather and the bladder of pure Para rubber, fully guaranteed. Each ball packed complete with rawhide lace in sealed box. . . Each, \$4.00

Spalding Association Foot Ball No. N

No. N. Regulation size. The case of this ball is well made of good quality leather, pebbled graining. Packed complete with guaranteed bladder in sealed box. . . Each, \$2.00

No. P. Foot Ball. Regulation size. Leather case, full size, good quality. Complete with guaranteed bladder in sealed box. . . Each, \$1.25

Spalding Association Foot Ball Bladders

No. OA. For Nos. H and L Balls. \$.75
No. OB. For No. K Ball. . . Each, 1.00
No. A. For No. O Ball.75
No. SB. For Nos. N and P Balls. .60

Association Foot Ball Goal Nets



Made in accordance with official specifications. Heavy tarred nets, pegs, guys, and everything necessary except the posts and cross pieces, which can be put up by any carpenter.

No. O. Per pair, complete, \$18.00



Spalding "Official" Gaelic Foot Ball

No. K. Made in the improved style with 8 sections and "black button" ends. Material and workmanship of highest quality and fully guaranteed. Each ball is packed complete in sealed box, with a pure Para rubber guaranteed bladder, inflater, rawhide lace and lacing needle. Contents guaranteed perfect if seal is unbroken. Each, \$6.00

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Spalding "Soccer" Foot Ball Shoes

The Most Important Part of a "Soccer" Player's Equipment



No. T "Soccer" Foot Ball Shoes.

Russet oil grain leather with double thickness box toe on the outside. A very superior shoe, and the box toe will hold up under the severest usage. Hand made throughout. Has straight leather cleats beveled and a full heel.

No. T. Pair, \$5.00

No. U. "Soccer" Foot Ball Shoes.

Drab horsehide with box toe and leather cleats. A very well made shoe.

No. U. Pair, \$3.50



No. U Spalding "Soccer" Shoe

Spalding Association Foot Ball Shin Guards

No. 40. Leather covered, well padded, with real rattan reeds and cotton felt. Good quality leather straps. Eleven inches long. Pair, \$1.75
No. F. Canvas covered, similar in style otherwise to No. 40. \$1.00
Other Shin Guards also listed in this catalogue.



No. 40

Spalding Skull Caps

No. SB. Worsted, heavy weight. Striped alternate in stock colors and in attractive mixtures. Each, \$1.00
No. SC. Worsted, light weight. Striped alternate in stock colors. Each, 50c.
These skull caps are made to match Spalding Sweaters, Jerseys and Shirts. Special colors at advanced prices. Quotations on application.



Spalding Flannel Knickerbockers

UNPADDED.

Made especially for Association Foot Ball; substantial, light and roomy. Special laced back and fly front. Samples of colors sent on application.



No. 3A. Fine quality flannel. Pair, \$2.25
No. 4A. Good quality flannel. Pair, \$1.75
No. 5A. Flannel; well made. " 1.50

Special Striped and Plain Color Shirts and Jerseys listed in this catalogue, also complete line of Stockings, Supporters, Belts, Sweaters and other articles necessary for "Soccer" equipment. Quotations on Special Suits made promptly on request.

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Spalding Combination "Soccer" Suits

Combination prices will be quoted on one or more suits as specified. Different combinations may be made up by figuring the prices on other articles included in this special list.

No. 1A Suit

Consisting of
No. U Soccer Shoes \$3.50
No. 4RC Stockings .40
No. 4 Running Pants .50
No. 6FS Shirt, quarter sleeve, with body stripe .75
Price, if separate articles composing outfit are purchased singly \$5.15

Combination Price \$4.75

No. 2A Suit

Consisting of
No. U Soccer Shoes \$3.50
No. 4RC Stockings .40
No. 4 Running Pants .50
No. 60IS Shirt, quarter sleeve, with body stripe 1.75
Price, if separate articles composing outfit are purchased singly \$6.15

Combination Price \$5.50

No. 5A Suit

Consisting of
No. T Soccer Shoes \$5.00
No. 3RC Stockings .75
No. 6B Pants 1.00
Full sleeve, vertical stripe shirt 2.00
Price, if separate articles composing outfit are purchased singly \$8.75

Combination Price \$7.75

No. 6A Suit

Consisting of
No. U Soccer Shoes \$3.50
No. 4RC Stockings .75
No. 4 Knicks 1.75
No. 3 Flannel Full Sleeve Shirt 2.50
No. 47 Belt .50
Price, if separate articles composing outfit are purchased singly \$9.00

Combination Price \$9.00

No. 3A Suit

Consisting of
No. U Soccer Shoes \$3.50
No. 3RC Stockings .75
No. 6B Pants 1.75
No. D Shirt, sash on front 1.75
Price, if separate articles composing outfit are purchased singly \$7.75

Combination Price \$7.00

No. 4A Suit

Consisting of
No. U Soccer Shoes \$3.50
No. 4RC Stockings .40
No. 5A Knicks 1.50
No. 4 Flannel Shirt 2.00
No. 23 Belt .35
Price, if separate articles composing outfit are purchased singly \$7.75

Combination Price \$7.00

No. 7A Suit

Consisting of
No. U Soccer Shoes \$5.00
No. 12P Jersey .75
No. 3RC Stockings 1.50
No. 4A Knicks 1.75
No. 47 Belt .50
Price, if separate articles composing outfit are purchased singly \$9.00

Combination Price \$8.00

No. 8A Suit

Consisting of
No. T Soccer Shoes \$5.00
No. 10P Jersey 3.25
No. 3A Knicks 2.25
No. 1RC Stockings 1.10
No. 2-0 Belt .50
Price, if separate articles composing outfit are purchased singly \$12.20

Combination Price \$11.00



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SPALDING CRICKET BATS

Spalding prices are net and will be found much lower than quotations made by others on so-called first grade goods, even when figured with a large discount off.

The Hayward "Century"

We are the sole makers of these bats, and they are as near perfection as it is possible to make them.

Surrey XI, carefully selects and personally examines every bat, and each one is stamped with his signature. THE BLADES of these bats are made from the best willow procurable and are well seasoned. They are clear, straight grain, well wooded in the right place, and perfect in shape and balance.

THE HANDLES are made from the best cane, specially compressed with three strips of pure Para rubber running through them, which gives the bat excellent spring and great driving power.

PERSONAL SELECTION

Many players like to go over a stock of bats until they find one that just suits them in weight and balance. This may be done at any Spalding store, the large assortment which we carry at all times in stock making it possible for us to suit exactly in every case. An extra charge will be made for this special service.

All Spalding Cricket Bats are uniform in finish and quality of material in each grade. "Personal Selection" refers simply to weight and balance, our bats being made in a great variety of weights, in which the balance also varies.

The Hayward "Century" MEN'S SIZE

PERSONAL SELECTION. (See note above.) Each, \$8.00
ORDINARY SELECTION. " 7.00
The Hayward "Century," Youths' Size. " 4.00

The "Grand Prix" MEN'S SIZE

Perfect shape, made from the best selected, seasoned willow, light in weight, and guaranteed as to quality and durability.

PERSONAL SELECTION. (See note above.) Each, \$7.00

ORDINARY SELECTION. " 6.50



Hayward "Century"



"Grand Prix"

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The Spalding "London Club" (Double) MEN'S SIZE

Made in the Improved Shape with two strips of pure Para rubber running through the handle; well-seasoned blades. A splendid driver and thoroughly reliable bat.

LONDON CLUB. Each, \$5.50

The Spalding "Practice" All Cane MEN'S SIZE

The handles of these bats are made from the best cane and the blades are recommended for durability. The best practice bat ever sold in this country.

ALL CANE PRACTICE. Each, \$3.50

The Spalding Youths' "All Cane"

An exceedingly well-made bat in youths' size. Durable and of satisfactory quality.

YOUTHS' ALL CANE. Each, \$2.75



"London Club"



"The Practice"

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London England, Edinburgh Scotland, Montreal Canada, St. Louis Missouri, Cincinnati Ohio, Cleveland Ohio, Denver Colorado, Kansas City Missouri, Minneapolis Minnesota, Seattle Washington.

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Spalding Cricket Balls

THESE CRICKET BALLS are manufactured in our factory in England, and in both quality and price will be found eminently satisfactory. We feel certain that their grand record on the other side will be duplicated in this country. Prices are net and will be found much lower than quotations made by others on so-called first-grade goods, even when figured with a large discount off. They are all Treble Stitched, and guaranteed to retain their color, weight and shape, and at the same time they are soft to the hands, which is much appreciated by wicket-keepers and fieldmen.

Grand Prix

Our Grand Prix Cricket Ball is built for first-class cricket. Perfection quality throughout. Will wear equally well on hard or soft grounds.

No. 1. Grand Prix. Each, \$2.00



Grand Prix

County Match

The best ball manufactured at this price. Built from the finest materials and well finished. Must be tried to be appreciated.

No. 2. County Match. Each, \$1.75



County Match

PUT UP IN BOXES
CONTAINING
HALF DOZEN
EVERY BALL
WARRANTED



EACH BALL
WRAPPED IN OIL
PAPER BAG
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Favorite Match

A really excellent ball for ordinary club matches, wearing very hard and retaining its shape to the last.

No. 3. Favorite Match. Each, \$1.50



Favorite Match

Youths' Match

Adopted by the Preparatory Schools of Great Britain. Same material and workmanship as in our Grand Prix, but smaller and lighter; weight about 4 1/2 oz., and circumference about 8 1/2 in.

No. 4. Youths' Match. Each, \$1.50



Youths' Match

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Spalding Jacket Sweaters

Sizes 28 to 44 inch chest measurement. We allow four inches for stretch in all our sweaters, and sizes are marked accordingly. It is suggested, however, that for very heavy men a size about two inches larger than coat measurement be ordered to insure a comfortable fit.



Button Front
No. VG. Best quality worsted, heavy weight, pearl buttons. Made in Gray, White and Dark Brown Mixture only.

Each, \$6.00

No. DJ. Fine worsted, standard weight, pearl buttons, fine knit edging. Made in Gray, White and Sage Gray only.

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No. VQ. Showing special trimmed edging and cuffs supplied, if desired on jacket sweaters at no extra charge.



No. VGP

With Pockets
No. VGP. Best quality worsted, heavy weight, pearl buttons. Made up in Gray or White only. Made with pocket on either side and a particularly convenient and popular style for golf players.

Each, \$7.00

Spalding Vest Collar Sweaters



No. BC. Best quality worsted, good weight. Gray or White only, with extreme open or low neck. Each, \$5.50

Boys' Jacket Sweater



No. 3JB. This is an all wool jacket sweater, with pearl buttons; furnished in Gray only, and sizes from 30 to 36 inch chest measurement. Each, \$3.00

SPECIAL NOTICE We will furnish any of the above solid color sweaters with one color body and another color (not striped) collar and cuffs in stock colors only at no extra charge. This does not apply to the No. 3JB Boys' Sweater

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**The Spalding Official
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No. J5. This is the only Official Rugby Foot Ball, and is used in every important match played in America. Guaranteed absolutely if seal of box is unbroken. We pack, with leather case and pure Para rubber bladder, an inflater, lacing needle and rawhide lace. Complete, **\$5.00**

**The Spalding Official
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No. M. Officially adopted and standard. The cover is made in four sections, with capless ends and of the finest and most carefully selected pebble grain English leather. We take the entire output of this high grade of leather from the English tanners, and in the Official Basket Ball use the choicest parts of each hide. The bladder is made specially for this ball of extra quality Para rubber. Each ball packed complete in sealed box. Complete, **\$6.00**

**The Spalding Official
 Association Foot Ball**

No. L. The case is constructed in four sections with capless ends, neat in appearance and very serviceable. Material and workmanship of highest quality and fully guaranteed. Each ball is packed complete in sealed box, with pure Para rubber guaranteed bladder, foot ball inflater, rawhide lace and lacing needle. Contents guaranteed if seal is unbroken. Complete, **\$5.00**

**Montreal
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